



**SUFFOLK**  
Community  
Foundation

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THE PEOPLE BEHIND THE NUMBERS



**SUFFOLK**  
Community  
Foundation

Helping you make SUFFOLK a better place for ALL



**Our vision** is to help make Suffolk a better place for all.

**Our mission** is to make a measureable difference to Suffolk by connecting causes that matter with people who care.

**Our values** are to be:

- Compassionate and fair in our purpose
- Professional and independent in all our relationships
- Open and clear in our communications

**Our priority** is to reach those in most need by combining robust evidence with local service delivery.

Unlike traditional grantmaking trusts and foundations, we develop lasting partnerships with individuals, families, businesses, public bodies and trusts. We work together to ensure that acute areas of need in Suffolk are addressed compassionately, respectfully and sustainably. We are committed to deepening levels of engagement in everyone who seeks to change lives and improve futures.

Nationally, we are one of a family of 48 Community Foundations in the UK. With our combined power and shared passion to make a difference within the communities in which we live, we increasingly influence at the most senior levels and deliver real and meaningful change.

# Chairman and Chief Executive's Report

## We have great pleasure in presenting the Trustees' Annual Report and Financial Statements for the year ended 30 June 2016.

As a funder to the voluntary sector, we are witnessing the very real challenges that our local charities and community groups are facing. On the one hand, the demand for their services continues to increase, and on the other, public sector budget cuts simply means that there is less money available 'in the system' to support these services. In addition, according to the National Council for Voluntary Organisations, 78% of all charitable giving currently goes to the largest 3% of UK charities; it will not surprise you that the national charities' footprint in Suffolk is very small. However, there is some comfort that in response to this testing situation and with the help of its donors, the Foundation has increased its grantmaking activity by 36% over the past year to £2.44 million. In total, 608 separate grants were awarded to organisations that are tackling difficult social issues and, in so doing, making Suffolk a better and fairer place for us all.

The need to encourage and direct local generosity and philanthropy to our local voluntary organisations has never been greater. It is often surprising for our supporters when they find out that so much charitable activity is operating right in the heart of their own community; the number of organisations in this report that have been awarded grants over the past year is testament to that. And yet so many more are operating under the radar. To help increase the profile of this extraordinary activity, this report is accompanied by a companion publication, 'Shine a Light', which in turn is part of a wide-ranging project that the Foundation has undertaken to help organisations raise awareness of their services. It is just a glimpse into the world of local charity which we know will both surprise and inspire.

During the past year, we have seen three trustees retire: Claire Horsley, James Dinwiddy and Stephen Fletcher. Their skills and commitment have been greatly valued and appreciated during these formative years and we would like to record our gratitude for their immense contribution.

We also say goodbye to staff members Elizabeth Stephenson and Sue Wright who have retired, and to Rachael Mikulskis, who has moved to the USA following her husband's relocation to Washington. Once again, we must recognise and thank them for their enormous dedication and input during their time with us.

Finally, we would like to offer our sincere thanks to all our donors, to our staff, volunteers and supporters. Without your support, we would not be able to provide the critical grantmaking that benefits so many local people and communities.



A handwritten signature in black ink that reads "James Buckle". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

**James Buckle**  
Chairman



A handwritten signature in black ink that reads "Stephen Singleton". The signature is bold and cursive, with a long horizontal stroke extending to the right.

**Stephen Singleton**  
Chief Executive



# Community Grantmaking

**Acorn Fund**  
supported by Pound Gates  
& Sevatas

**Fresh Start - new beginnings**

£2,000

A contribution towards the cost of a story book to be used in conjunction with therapy for those suffering from childhood sex abuse.

**TOPCATS**

£798

Towards the cost of building an outdoor sensory play area for children and young people with disabilities and additional needs.

**AXA Insurance Fund**

**Home-Start South Suffolk & District**

£1,000

Towards the salary cost of a co-ordinator in west Ipswich to manage a network of volunteers who provide dedicated advice and support to families with children under the age of 12.

**Ipswich & Suffolk West Indian Association**

£1,000

A contribution towards the annual running cost of the organisation to enable it to continue providing a lunch club for older members of the Caribbean community in Ipswich.

**Ipswich Community Playbus**

£853

To help fund a play bus session once a week during term time for a year in the Whitehouse area of north west Ipswich, providing children with a fun place to learn and play.

**Ipswich Sports Club For The Disabled**

£1,500

To help with venue hire costs for the group for the forthcoming year.

**Lighthouse Women's Aid**

£500

A contribution towards sessional worker costs for a cycle of therapeutic programmes for women and children.

**Orwell Mencap**

£500

Towards the cost of purchasing new chairs for the group's social club for people with learning difficulties.

**REACH Community Projects**

£500

To fund a supported volunteer programme at the food bank.

**St Nicholas Hospice**

£503

Supporting the group's hospice neighbour scheme in Haverhill, helping patients in their own homes.

**Suffolk Family Carers**

£500

Enabling the group to run two half day courses for individuals experiencing trauma and for those who support or live with them.



**The Befriending Scheme**

£340

Towards a go pro camera and accessories to film member's feedback and progress.

**Birketts Fund**

**Artheads**

£500

Towards delivering women's art and craft sessions.

**DIAL - Lowestoft and Waveney**

£1,000

A contribution towards the salary of the disability adviser.

**Eastern Enterprise Hub**

£780

To fund the 'Back to Your Future' project which will support unemployed young mums.

**Haverhill Town Pastors**

£320

A contribution towards the cost of equipment to enable the group to continue supporting vulnerable people in Haverhill on a Friday evening.

**Home-Start Suffolk: East Ipswich and Coastal**

£2,000

Towards volunteers' travel and expenditure.

**Ipswich Sports Club For The Disabled**

£650

Towards the cost of venue hire.

**Outreach Youth**

£750

Supporting the setting up of a monthly support group for transgender children and their families.

**Porch Project****£2,000**

A contribution towards the cost of weekly youth sessions, providing a safe place for young people to meet and socialise.

**Suffolk Rape Crisis****£1,000**

To provide 50 sessions of counselling for women and girls (aged over 14) in the Waveney area who are survivors of rape or sexual abuse.

**Bluebell Fund****Breaking Barriers (Suffolk)****£2,000**

Towards employing a Café Project Manager to help those with learning disabilities run pop up cafés.

**Bumblebee Children's Charity****£2,000**

Supporting the core running costs of the provision for children with physical and learning disabilities.

**Bury St Edmunds Women's Aid Centre****£1,694**

Towards the cost of delivering three freedom programme courses to women who have suffered domestic abuse.

**CREATE****£2,000**

A partial award towards the production costs of a film supporting those with mental health issues.

**Fresh Start - new beginnings****£2,000**

A contribution towards the salary costs of part time specialist workers and therapeutic interventions.

**Green Light Trust****£2,000**

Providing an outdoor programme of eco therapy and relaxation techniques for young girls.

**Home-Start Suffolk: East Ipswich and Coastal****£1,600**

Towards equipment to support volunteers who are helping vulnerable families.

**Ipswich Morning Stroke Club****£1,350**

To deliver weekly physiotherapy sessions for people who have suffered a stroke in the Ipswich area.

**Ipswich Opportunity Group****£2,000**

To fund regular support sessions for children with additional needs.

**Kernos Centre****£2,000**

Funding the continuation and expansion of counselling services supporting vulnerable children, young people and their families in the Sudbury area.

**Matthew Project****£2,000**

Towards the provision of Behavioural Family Therapy sessions for families.

**Noise Solution Ltd****£2,000**

Supporting music based services for young people who are living in challenging circumstances.

**Pathways Care Farm****£1,375**

Towards the cost of training 25 volunteers to ensure they feel prepared and confident to support people with dementia or learning difficulties at the care farm.

**PSN CIC****£2,000**

To purchase a digital projector and laptop to deliver presentations, workshops and training courses.

**Rural Coffee Caravan Information Project****£1,806**

Supporting the cost of five village visits in St Edmundsbury to help reduce rural isolation.

**St Nicholas Hospice****£2,000**

Supporting a 6 week programme of 'Nicky's Way', a bereavement service for children and young people.

**Stowmarket & Area Opportunity Group****£2,000**

A contribution towards core costs.



**Rural Coffee Caravan Information Project £1,806**

## Bunbury Family Fund

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### Iceni Ipswich

£750

A contribution towards general costs.

### Pathways Care Farm

£625

To support the development of a care farm.

### Poppies Care Farm CIC

£625

A donation towards the development of a care farm.

### Royal Agricultural Benevolent Institution

£750

A donation to the group.

### Suffolk Refugee Support

£750

A donation towards core running costs.

## Bunting Family Fund

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### Porch Project

£1,250

To support the continuation of a youth project.

## Call Connection Fund

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### St Elizabeth Hospice

£3,309

To support the work of the Hospice.

### Woolverstone Wish

£3,309

A donation towards the furnishing of a new oncology unit.

### Suffolk Disability Care Fund

£3,309

A donation to provide daily living equipment to people with disabilities.

## Catalyst Fund

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### Felixstowe Opportunity Group

£1,500

Towards the core running costs to enable play provision opportunities for children with learning disabilities.

### Kernos Centre

£1,000

To fund the continuation and expansion of counselling services, supporting vulnerable children and their families in the Sudbury area.

### Mid Suffolk Citizens Advice Bureau

£1,000

Supporting the Citizens Advice Bureau with its core running costs.

### Outreach Youth

£2,000

Towards the cost of employing a part time youth development worker.

### Porch Project

£2,000

A contribution towards the cost of weekly youth sessions, providing a safe place for young people to meet and socialise.

### Stowmarket & Area Opportunity Group

£2,000

An award to support extra-curricular activities for those with additional needs and their families.

### Suffolk Chinese Family Welfare Association

£2,000

Towards employing a Tai Chi tutor to continue classes on a weekly basis for those who are vulnerable or isolated.

### Suffolk Rape Crisis

£2,000

An educational project for Suffolk schools 'It's That Simple', delivering information on sexual consent and healthy positive relationships.

## Centenary Fund

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### Elmsett Parochial Church Council

£2,000

To fund the cost of installing a new kitchen in the church to make it more accessible and usable for the local community.

### PCC of St Edmund, Hargrave

£600

To purchase a table tennis table and equipment for a youth group.

### Porch Project

£2,000

Towards the general running cost of the group to enable it to continue providing a youth group on Tuesday and Friday evenings during term time and Friday evenings during the summer holidays.

### Risby CEVCP School

£1,500

A contribution towards the cost of creating a quiet, calm and reflective 'garden of life' at the school.

## Comic Relief Fund

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### ASD2

£2,350

Towards training for staff and the purchase of equipment for children with learning disabilities.

### Breaking Barriers (Suffolk)

£2,127

Support towards employing a Café Project Manager to help those with learning disabilities run pop up cafés.

### Cornard Dynamos Youth Football Club

£1,747

To support core costs.

### DIAL - Lowestoft and Waveney

£2,223

Towards the salary of the disability adviser.

### Home-Start Mid Suffolk

£4,974

To go towards training more volunteers to work with families in areas of high deprivation who need support.

### Home-Start South Suffolk & District

£2,500

Towards additional volunteer preparation training.

### Ipswich Community Media

£2,181

To fund a young people's coordinator and media facilitator.

### Ipswich Sports Club For The Disabled

£1,860

Towards the cost of venue hire for the group for the forthcoming year.

### Keystone Development Trust

£2,000

Supporting a qualified advisor to run drop in sessions two mornings a week for local residents to attend and access support.



**Needham Market Phoenix Youth FC**

£1,764

Towards the cost of training equipment and core costs.

**Stowmarket & Area Opportunity Group**

£1,500

To support families with children with additional needs.

**Suffolk Cruse Bereavement Care**

£4,034

A contribution towards the salary of a part time member of staff to support those who are bereaved in Suffolk.

**Suffolk Mind**

£2,639

Towards the cost of running a project to support individuals who are vulnerable, disadvantaged and struggling to secure employment due to personal barriers.

**Comic Relief Large Grants**

**Inside Out Community Arts in Mental Health**

£27,320

Towards the Making Your Mark and Creative Lives projects over the next two years.

**Cunliffe Family Fund**

**Brandeston Parochial Church Council**

£900

A family donation to the Fabric Fund.

**Iceni Ipswich**

£900

A donor designated donation.

**Ipswich Head & Neck Cancer Support Group**

£600

A donor designated donation.

**Suffolk Hearing Advisory Service**

£600

A donor designated donation to continue the provision of support groups for the hard of hearing.

**The League of Friends of Aldeburgh Hospital**

£300

A family donation in support of the Friends.

**CYP Emotional Health & Wellbeing Fund**

**Abbeycroft Leisure**

£7,428

A contribution towards the Stand Tall project which works with young people suffering from mental health conditions.

**Anglia Care Trust**

£16,000

Supporting young people who are suffering from mental health, substance and abuse issues.

**Art Branches CIC**

£7,790

Towards the development of a child/young carer led art project, using trees as a source of inspiration for illustration, poetry and photography.

**Bury St Edmunds Women's Aid Centre**

£17,667

A contribution to the Child Therapy Programme which supports children who have been exposed to domestic abuse.

**Emerging Leaders**

£14,000

Developing a new programme, 'Leadership in Life', which is for young people who are identified as vulnerable or at risk.

**Fresh Start - new beginnings**

£13,000

Towards the salary costs of part time specialist workers and therapeutic interventions.

**Green Light Trust**

£13,000

Towards the provision of an outdoor programme of eco therapy and relaxation techniques for young girls who may be struggling with social and academic pressures.

**Home-Start Mid Suffolk**

£16,000

Support towards the introduction of a project aimed at improving the mental and emotional wellbeing of children, parents and expectant mums by improving their family environment.

**Home-Start Suffolk: East Ipswich and Coastal**

£16,000

Towards the costs of the 'Suddenly Mum' project.

**Ipswich Community Media**

£16,970

Towards the cost of working with young people at risk of experiencing poor mental health.

**Ipswich Opportunity Group**

£2,000

To fund regular support sessions for children with additional needs.

**Just 42**

£12,000

Towards the salary of the Compass Mentoring Coordinator to support young people in the Suffolk Coastal area.

**Kernos Centre**

£10,000

To fund the continuation and expansion of counselling services, supporting vulnerable young people in the Sudbury area.

**Level Two Youth Project**

£13,000

Supporting the expansion of the youth provision for young people suffering mental health issues and their families.

**Matthew Project**

£14,000

Towards the provision of Behavioural Family Therapy sessions for families with children and/or young people with substance abuse and mental health issues.

**Noise Solution Ltd**

£10,000

Supporting music based services to young people who are living in challenging circumstances or who are vulnerable.



**Outreach Youth**

£10,800

Towards the cost of employing a part time Youth Development worker.

**Suffolk Cruse Bereavement Care**

£5,000

To contribute to the cost of training volunteers to specifically deliver bereavement support to children and young people.

**Suffolk Family Carers**

£16,000

To fund a two day course which provides an understanding of what good mental health is for young carers.

**Suffolk Young People's Health Project**

£16,000

Towards a youth worker led outreach response programme, which may prevent the escalation of some young people's issues to a crisis level.

**The Benjamin Foundation**

£16,000

Contributing to the Time for You project to be run in Suffolk schools, supporting young people's emotional wellbeing.

**Volunteering Matters**

£16,000

Towards the extension of the Headspace programme, which supports young people in Ipswich with mental health issues.

**Davies Family Fund**

**Cancer Campaign in Suffolk**

£2,000

Enabling free complementary therapy services for older people with a cancer diagnosis.

### Castle Hill United Reformed Church

£500

A contribution towards the cost of setting up and running a three day holiday at home event for older people from the Castle Hill and Whitton areas of Ipswich.

### Make + Create

£519

Towards the cost of delivering 12 art lessons for adults and young people with learning disabilities.

### Sue Ryder Care

£2,000

Supporting two Synergy Cafés in Ipswich to support older people with dementia.

### Suffolk Cruse Bereavement Care

£2,000

A contribution for volunteers to continue supporting the bereaved in Suffolk.

### Walton Parish Nursing

£1,698

Towards the cost of providing a parish nursing scheme to the community of Walton (Felixstowe) to support older people with their health needs.

## De La Rue Family Fund

### Music in Our Bones

£1,000

Towards the cost of providing 20 fortnightly singing sessions for older people living in sheltered accommodation in Felixstowe.

### Suffolk Artlink

£1,980

Towards the cost of the 'Rock Up' music project.

## Dementia Friendly Communities Fund

### Hadleigh Dementia Action Alliance

£1,958

To deliver an action plan that includes tool kits for expanding outreach and engagement with the community.

### Hoxne Music Festival

£500

Towards providing Music Mirror sessions at The Depperhaugh Home for those with dementia or Alzheimer's.

### Ipswich Dementia Action Alliance

£2,000

To produce an 18 page booklet which will provide information about support services that are available and increase awareness of dementia.

### Ipswich Hindu Samaj

£1,433

Towards organising work shops on dementia to get people aware and involved.

### Ko-an Arts CIC

£2,000

Towards the cost of producing a short film and on line resources for Sue Ryder and their Synergy Cafés.

### Ko-an Arts CIC

£1,000

To run six reminiscence sessions featuring audio and visual stimuli for people with dementia.

### Music in Our Bones

£1,000

To continue singing sessions for people with memory problems and their families.

### Our Special Friends

£2,000

To fund the recruitment, training and support of volunteers who can then be matched to people with dementia.

### Pathways Care Farm

£2,000

Towards the costs of 4 people living with dementia to attend the farm for one day per week for 8 weeks.

### Rural Coffee Caravan Information Project

£1,000

To run two Memory Lane Cream Tea events that are for people living with dementia and their carers.

### Stowmarket Dementia Action Alliance

£1,326

To cover the costs of venue hire, marketing and promotional materials to make Stowmarket a Dementia Friendly Community.



Suffolk Artlink £1,980

### Suffolk Cinema Network

£1,750

Towards providing a cinematic experience and screening films for those living with dementia and their carers.

### Warden's Charitable Trust

£2,000

Towards the cost of a fortnightly series of dementia activity days for people living with dementia, their family and carers.

### Young People of the Year

£2,000

Towards the cost of training young people to become befrienders for those living with dementia.

## Dolphin Franklin Fund

### FIND (Families in Need) Ltd

£1,000

A donation towards the overall cost of running a food bank to support people in need in Ipswich and the surrounding area.

### Fresh Start - new beginnings

£2,000

Towards the cost of producing a story book for young children to be used in conjunction with therapy.

## Dulverton Trust Fund

### Bungay Honey Pot Centre Limited

£5,000

To purchase new equipment for a play park.

### Eden's Project

£347

Towards the running costs of youth clubs in Sudbury and Great Cornard, providing young people with somewhere to meet and take part in positive activities.

### Emmaus Ipswich

£5,000

To fund the establishment of an up cycling workshop that will produce retail items for the group's charity shop.

### Home-Start South Suffolk & District

£1,300

A contribution towards the cost of delivering a training course to increase the number of volunteers supporting families in Babergh.

### Just 42

£3,963

Towards the running costs of their Hollesley Youth Club.

### Little Ouse Headwaters Project

£2,200

To fund the restoration of a field pond and spring to develop a fen and wet grassland area for the benefit of the local community and to enhance the natural habitat.

### Mid Suffolk Holiday Opportunity Play Scheme (HOPS)

£5,000

To support the running costs of the group providing social activities for children and young people with disabilities.

### Outreach Youth

£1,000

To support the set up of a monthly support group for transgender children, young people and their parents/carers.

### Parochial Church Council of St. Peter Little Thurlow

£1,442

Towards the conservation and preservation of a seventeenth century monument.

### PCC of Lackford

£5,000

To support the creation of a community meeting room in the church.

### PHOEBE

£2,000

To enable the group to offer free English (ESOL) classes for women and children over the age of 5.

### Porch Project

£3,000

A contribution towards the cost of weekly youth sessions, providing a safe place for young people to meet and socialise.



### REACH Community Projects

£4,315

A contribution towards the overall running costs of the Reach Resource Centre which supports those in need to help move out of poverty and distress.

## Esmée Fairbairn Suffolk Fund

### Beccles Lido Limited

£30,000

To fund the position of a full time General Manager.

### Greener Growth CIC

£29,843

Towards a bio-diversity project in Ipswich where residents can create their own self-sustaining garden.

### GYROS

£29,940

Towards funding a walk-in service for those recently arrived to a community in the Lowestoft area helping them to integrate and understand local services.

### Music in Our Bones

£7,580

To fund a community development post to develop the growth of the organisation.

### Suffolk Refugee Support

£12,119

Supporting the core costs enabling free support to refugees and asylum seekers in Suffolk.

### Suffolk Young People's Health Project

£12,000

Towards core costs.

### Suffolk Young People's Health Project

£15,000

Funding the salary costs of a development officer enabling services to improve the health and wellbeing of young people.

## Euston Fund

### St Genevieve's Church

£500

A donor designated donation.

### St Mary's Roman Catholic Church

£500

A donor designated donation.

## Evdemonia Fund

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### Bangladeshi Support Centre

£1,000

Towards the cost of delivering a multicultural festival in Ipswich to promote cultural diversity and to encourage integration between different communities.

## Fonnereau Road Health Foundation Fund

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### ActivLives

£4,024

To fund specialist gardening equipment.

### Age UK Suffolk

£1,446

Towards the cost of purchasing several items for the Forget-Me-Not activity sessions.

### Artheads

£4,554

To fund the purchase of an iMac computer and 4 iPads along with software packages.

### Poppies Care Farm CIC

£1,000

A contribution towards the purchase and installation of a polytunnel for use by clients with learning difficulties.

### Stowmarket & Area Opportunity Group

£5,000

Funding towards the refurbishment of the sensory room for children with various sensory disabilities.

### Suffolk Mind

£1,500

Towards the development of the 'Get up and Grow' project.



### TOPCATS

£5,000

A partial award towards the cost of building an outdoor sensory play area.

### Waveney & Blyth Arts

£2,715

To purchase equipment to allow those with hearing impairments to take part in guided walks.

## Get Suffolk Moving Fund

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### Abbecroft Leisure

£2,198

Towards running and walking routes to aid the overall integration of Bury St. Edmunds from ward to ward.

### ActivLives

£5,000

To fund the employment of two part-time members of staff specifically to develop a new environmental volunteering strand encouraging disadvantaged people of all ages.

### Art Branches CIC

£3,000

Towards the cost of setting up Sketch Book Strolls.

### Bardwell Parish Council

£5,000

A contribution towards the transformation of the playing field in Bardwell.

### Bungay Arts and Theatre Society

£785

Towards the costs of setting up dance and fitness classes for people who are rurally isolated.

### Clare Castle Country Park Trust

£5,000

Towards providing guided and signed walks within Clare.

### Felixstowe Sea Cadet Corps - TS Landguard

£5,000

To buy an RS Quest sailing dinghy.

### Keystone Development Trust

£3,080

Towards the cost of providing physical activities for local people.

### Panathlon Foundation

£6,000

Funding towards the costs of Panathlons across north Suffolk and Ipswich for children of primary school age with additional needs.

### Pathways Care Farm

£3,840

Towards the cost of providing a Walking with Alpacas experience.

### Shotley Parish Council

£2,100

To fund the completion of the 'Marsh Lane' footpath.

### Slaughden Sailing Club

£2,550

To fund changes to the sailing club that will enable a training facility to be built.

### St Elizabeth Hospice

£4,400

A contribution towards the development of the 'Pigs Gone Wild' project.

### Suffolk Young People's Health Project

£2,870

Supporting vulnerable young people with walk and talk sessions.

### Troston Parish Council

£3,831

Towards costs associated with clearing and managing a woodland area for use by local residents and walking/youth clubs.

### Yoxford Bowls Club

£5,000

Towards the cost of purchasing a new bowls green.

## Henry Smith Charity

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### Bridge Project Sudbury

£62,700

Towards two years' funding of running costs for a project for people with learning disabilities.

### The Befriending Scheme

£60,000

Funding towards the operations manager's salary.

## Henry Smith County Grants

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### Bangladeshi Support Centre

£19,800

Supporting two years' running costs of a project providing face to face support, training and befriending to disadvantaged BME groups in Suffolk.

### Felixstowe Opportunity Group

£2,000

A contribution towards three years' salary and ongoing costs of a play assistant at a project providing play opportunities for children with learning disabilities.

### Fresh Start - new beginnings

£10,000

Towards two years' running costs of an organisation that provides therapeutic services to child victims of sexual abuse from Suffolk.

### Gatehouse Caring in West Suffolk

£10,000

Towards one year's running costs of a project providing furniture re-use, a food bank and elderly day services to people in Gatehouse, Suffolk.

### Home-Start Suffolk: East Ipswich and Coastal

£9,900

Towards one year's salary costs of two co-ordinators for a project that provides support for families in Suffolk with young children.

### Lowestoft and District Mencap Society

£5,600

A grant for running costs of a coffee bar at a project providing a social centre and activities for people with learning disabilities in Lowestoft.

### Music in Our Bones

£6,600

Funding for running costs to provide outreach therapeutic singing sessions for disadvantaged or vulnerable people in Ipswich.

### Porch Project

£10,000

Towards one year's running costs of a project providing holistic support for young people.

### Unscene Suffolk

£2,610

Towards one year's running costs of a project providing creative workshops including drama, movement and music for adults with visual impairment in Suffolk.

## Hewlett Fund

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### Catch 22

£1,000

Towards the continuation of weekly 'girls only' sport sessions in Ipswich.

### Ipswich4Family

£2,000

To enable the group to continue supporting families in need.

### St Elizabeth Hospice

£606

To purchase equipment to encourage and support independence.

## High Sheriff's Awards

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### Suffolk Lowland Rescue Service

£1,000

Andy King - Winner of 2016 High Sheriff's Volunteer of the Year Award

### Artheads

£1,000

Bryan Thorpe - Winner of 2016 High Sheriff's Special Award

### Beccles Lido

£1,000

Douglas Peck - Winner of 2016 High Sheriff's Lifetime Achievement Award.

### Avenues East

£1,000

Matthew Foulger - Winner of 2016 High Sheriff's Young Volunteer of the Year Award.

### NSCRC

£500

Winner of 2016 High Sheriff's Corporate Community Partnership of the Year Award.

### Phoenix Rising 2031 Community Interest Company

£1,000

Winner of 2016 High Sheriff's Youth Group of the Year Award.

### Pro-Scope

£500

Winner of 2016 High Sheriff's Corporate Community Partnership of the Year Award.

### Volunteer Cadet Scheme

£1,000

Winner of 2016 High Sheriff's Youth Group of the Year Award.

## High Sheriff's Fund

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### Anglo Chinese Cultural Exchange

£900

Towards the continuation of weekend activity workshops for children and young people in the Ipswich area.

### Catch 22

£1,500

To support the cost of running a boxing project for young people from deprived areas of Ipswich.

### Forest Heath Crime Prevention Panel

£500

Towards the cost of delivering an annual Crucial Crew event in the Forest Heath area in March 2016 for year 6 children to promote and encourage personal safety, respect for the law and a practical understanding of community safety for children.

### Framlingham Area Youth Action Partnership

£1,463

To fund the cost of a youth drop in session once a week after school, providing a safe place for young people in Framlingham and the surrounding area.

### Fresh Start - new beginnings

£1,500

A contribution towards the cost of providing support for two children who have been victims of sexual abuse and are either awaiting a court appearance as a witness or awaiting a decision from the Crown Prosecution Service.

Unscene Suffolk £2,610



### Inspire Suffolk

£698

To support the running of turn up and play sessions for young people, providing the chance for them to take part in regular, fun activity during term time.

### Keystone Development Trust

£1,496

To enable the group to run eight youth activity sessions during the school holidays to provide constructive activities for young people.

### Level Two Youth Project

£1,500

A contribution towards the cost of a project during the 2016 summer holidays to help young people stay safe.

### Porch Project

£1,500

A contribution towards the cost of weekly youth sessions, providing a safe place for young people to meet and socialise.

### Suffolk Young People's Health Project

£1,000

Towards the salary of a young people's worker to provide three hours of dedicated support each week to young people living chaotic lifestyles.

## Hodge & Shallow Fund

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### Theatre Royal Bury St Edmunds

£2,000

Towards a creative writing and recording project to support women who have experienced domestic abuse.

## Hopkins Homes Building Communities Fund

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### Access Community Trust

£2,000

To fund capital training costs for staff so they can deliver creative retreats and other outdoor learning experiences for those with a mental illness.

### Fresh Start - new beginnings

£2,000

Costs towards specialist workers who support children and young people awaiting court appearances.

### Grundisburgh Youth Club

£1,000

Towards the salary cost of a senior youth worker to facilitate youth club drop in sessions.

### Ipswich and East Suffolk Samaritans

£1,000

A contribution towards the overall running costs.

### Ipswich Soup Kitchen

£1,000

Towards the cost of 100 sleeping bags to give out to the homeless and needy in Ipswich.

### Perspectives Pregnancy Advice

£2,000

Continued professional development training for 2 support and listening volunteers to become fully qualified counsellors.

### REACH Community Projects

£2,000

An unrestricted donation for the organisation.

### Suffolk Rape Crisis

£2,000

Towards funding for advocacy workers to support a holistic approach for those survivors of sexual offences.

### Suffolk Refugee Support

£2,000

An unrestricted donation for the organisation.

## Horizon Fund

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### Home-Start Suffolk: East Ipswich and Coastal

£1,000

To enable expansion in the Waveney area.

### Suffolk Accident Rescue Service

£1,000

Towards equipment and running costs supporting people in Waveney with the first responders.

### Suffolk Rape Crisis

£1,000

To provide 50 sessions of counselling for women and girls (aged over 14) in the Waveney area who are survivors of rape or sexual abuse.

### The Seagull Theatre

£2,000

Towards the cost of repairing the roof at the community theatre in Pakefield.

## Hubble Bubble Fund

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### DIAL - Lowestoft and Waveney

£750

To fund the continuation of outreach work in Beccles providing advice and information to people with disabilities.

### Pathways Care Farm

£250

Towards the cost of providing educational sessions for young people with special educational needs and learning difficulties.

## Hughes-Hallett Fund

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### Grundisburgh Youth Club

£1,500

A contribution towards the cost of a youth worker and apprentice to run youth sessions for one term.

### Signpost Gunton

£1,813

Supporting the salary cost of running additional support projects to help young people to overcome their problems and move forward with their lives.

### Suffolk Cruse Bereavement Care

£1,813

Towards the cost of training volunteers to specifically deliver bereavement support to children and young people.

### Suffolk Mind

£1,813

A grant towards an educational programme that aims to help support young people's wellbeing.



Suffolk Refugee Support £2,000

## Iken Fund

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### Halesworth Volunteer Centre

£665

To continue to provide pop-up shops at the local library and doctor's surgery to promote services and recruit volunteers.

### Home-Start Suffolk: East Ipswich and Coastal

£2,000

To fund travel expenses to enable volunteers to visit families in need of support.

### Kesgrave Church of England Charity

£2,000

A contribution towards the salary costs of the youth worker.

## Leiston & Sizewell Community Benefit Fund

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### Anglia Care Trust

£4,800

Towards the cost of running a mentoring programme for volunteers in the Leiston and Sizewell area.

### Disability Advice Service (East Suffolk)

£2,500

Towards the cost of providing disability advice and support to people in the Leiston and Sizewell area.

### East Anglia's Children's Hospice

£2,000

A contribution towards the cost of providing care services at EACH for a young person from Leiston.

### Long Shop Museum

£1,800

To fund a three-day audience research project with the local community to enable it to incorporate local aims and objectives into the future development of the museum.

### Rose and Sweet William Club

£550

Supporting the cost of a social club for older people in Leiston and the surrounding area.

### Suffolk Cruse Bereavement Care

£8,884

To fund the annual salary of two part-time members of staff and volunteer costs for supporting people who have suffered a bereavement in the Leiston and Sizewell area.

### Warden's Charitable Trust

£2,500

Supporting the cost of a fortnightly series of dementia activity days for people living with dementia, their family and carers.

### Wonderful Beast

£2,000

Towards rehearsals and workshops with children from Leiston Primary School and Alde Valley Academy to produce a new community opera.

### Young People Taking Action

£4,500

To fund open access support sessions for young people.

## Lovewell Blake Fund

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### Mental Health Users Support Group

£960

Towards the annual cost of room hire for a group that supports people with mental health issues.

### REMAP

£500

To fund the cost of assisting people with disabilities in Lowestoft and Waveney.

## Martineau Fund

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### Autism Suffolk

£2,000

Towards the cost of running monthly autism support groups across Suffolk.

### Bumblebee Children's Charity

£2,000

Towards the running costs of supporting children with physical and learning disabilities.

### DIAL - Lowestoft and Waveney

£2,000

To part fund an adviser who has specialist knowledge of issues to do with the employment of people with disabilities.

### Fresh Start - new beginnings

£2,000

To part fund an administrator thereby assisting the organisation to support children and young people who have been sexually abused.

### New Life Church (Suffolk) - Stowmarket Foodbank

£2,000

Contribution to the salary of a support worker to work with those accessing the foodbank.

### St Mary's Church Walsham-le-Willows

£6,000

A donor designated donation to replace the church organ.

### St Nicholas Hospice

£1,335

Contribution to providing a hospice neighbour scheme in Haverhill to support patients in their own homes.

### Stowmarket & Area Opportunity Group

£2,000

Towards the refurbishment of their sensory room to help children living with various sensory disabilities.

### Sue Ryder Care

£2,000

A contribution to the continuation of the Synergy Café, supporting people living with dementia and their carers.

### Suffolk Family Carers

£2,000

A donor designated donation towards providing hardship funding for family carers.

## Michael Ben Howes Fund

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### Orchestras Live

£1,800

Towards the cost of providing a musical project in Forest Heath for young children and their families.

## New Anglia LEP Community Challenge Fund

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### CWM Training & Education Ltd

£20,000

To run the 'Language for Food' course which is aimed at those from hard to reach areas of the community to provide opportunities for team work, confidence building, life skills and a CIEH food safety certificate.

### Headway Suffolk

£20,000

Funding to give clients with a neurological condition training in basic skills, IT and skills related to the career of their choice.

### Limeskills CIC

£20,000

To create a vibrant community lunch club which provides a weekly experience for people who are accessing an eight-week employment learning programme.

### Museum of East Anglian Life

£24,000

To deliver a programme of practical training and work experience for young people.

### Pro Corda Trust

£20,000

Supporting Next Step to provide work experience for young people with disabilities.

### Suffolk Sport

£22,000

Towards a project aimed at providing employment opportunities for young people not currently in employment.

## Pargiter Trust Fund

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### Age UK Suffolk

£9,000

Towards supporting 42 cognitive stimulation sessions at Sudbury, Mildenhall and other outreach work in the west of Suffolk.

### Bridge Project Sudbury

£1,600

A contribution towards e-memory workshops for older people in Sudbury and the surrounding area.



**Rural Coffee Caravan Information Project**

£1,966

Towards the cost of running four afternoon tea events in rural locations in Suffolk to celebrate the Queen's 90th birthday.

**Second Chance Stroke Club**

£2,000

To fund professional physiotherapy sessions from a neurological physiotherapist.

**Snape Village Hall Management Committee**

£2,000

To fund the refurbishment of a new hall floor.

**Stowmarket Dementia Action Alliance**

£1,882

To provide health and wellbeing exercise sessions and to purchase materials to assist people living with dementia and their carers.

**Sue Ryder Care**

£2,000

Enabling the continuation of the Sue Ryder Synergy Café for people with dementia, older people with other health conditions and their carers.

**Suffolk Artlink**

£1,700

To deliver Forget-Me-Not sessions working in Ipswich Hospital's complex care unit to improve the health and wellbeing of elderly people living with dementia and/or complex needs.

**Suffolk Mind**

£2,000

Towards the cost of running specialist counselling for people living with dementia and their carers.

**Upbeat - Heart Support in West Suffolk**

£2,000

Towards the cost of a cardiac nurse to attend exercise classes for heart patients.

**Peter & Dorothy Meade Grantmaking Fund**

**The Yard Project**

£3,300

A donation towards their core work.

**Philipps Fund**

**Outward Bound Trust**

£5,525

A donor designated donation.

**Port Community Fund**

**Autism Suffolk**

£2,000

To fund monthly Autism Suffolk support groups in Ipswich and Felixstowe.

**BSEVC**

£1,488

A contribution towards the cost of a monthly support group for people with mental health issues in Felixstowe.

**Bumblebee Children's Charity**

£2,000

To enable the group to continue supporting children with physical and learning disabilities.

**East Anglian Sailing Trust**

£2,120

A contribution towards the cost of a new mast and sails for a paralympic sonar keelboat to enable people with disabilities to continue sailing.

**Fresh Start - new beginnings**

£2,000

Towards the annual salary of a part time administrator to support the organisation and help with overall business development.

**Home-Start Suffolk: East Ipswich and Coastal**

£2,000

To fund volunteer travel expenses for when they visit families and attend training.

**Ipswich Disabled Advice Bureau**

£2,000

Towards the set up of a new Internet Café to support people with disabilities to claim the benefits they are entitled to.

**PBC Foundation**

£568

To support the overall cost of producing and distributing a publication for PBC sufferers in Suffolk.

**Bury St Edmunds Ecumenical Centre Trust (BECT)**

£2,000

Towards the cost of artistic workshops for older people to provide a stimulating and rewarding regular activity.

**DIAL - Lowestoff and Waveney**

£2,000

A contribution to an outreach service for older housebound people in need of advice, information and support in the Waveney area.

**East Suffolk Association for the Blind**

£1,000

Towards the cost of holding a social event once a month for older people with visual impairments to reduce social isolation.

**Hands on Heritage CIO**

£432

A contribution towards the volunteer costs of an intergenerational archaeological excavation project.

**Hope Trust**

£379

To fund a replacement under-counter fridge enabling them to continue catering and providing refreshments at sessions for older people.

**Huntingfield Parish Council**

£1,300

Supporting a selection of classes for older people living in and around Huntingfield that enable them to feel less isolated.

**Lawshall Tuesday Club**

£1,000

Towards the venue hire, minibus, and speakers costs for meetings enabling older people in Lawshall and the surrounding area to feel less isolated.

**Lowestoff Shopmobility**

£2,000

Towards running costs to support people with mobility problems in Lowestoff and the surrounding area.

**Mid Suffolk Light Railway Museum**

£2,000

A contribution towards the costs of refurbishing a small workshop building in the style of an original MSLR engine shed.

**Mid Suffolk Voluntary Organisations Forum**

£2,000

Towards the cost of developing a soup and sandwich club to provide healthy food and good company for older people in Stowmarket.

**Music in Our Bones**

£2,000

Supporting 20 fortnightly singing sessions for older people.

**Our Special Friends**

£2,000

Towards the core costs of the organisations which enables them to support socially isolated and vulnerable people.

## PHOEBE

£2,000

Towards the overall running costs of the organisation to enable it to continue supporting black and ethnic minority immigrant women and children who are victims of domestic violence.

## Phoenix Project

£2,000

A contribution towards the cost of salaries to enable the group to continue running support sessions for people with mental health difficulties.

## Seaton Road Methodist Church

£600

To provide specialised sensory equipment and new play equipment for a toddler group in Felixstowe.

## Sue Ryder Care

£2,000

To help with the running cost of a Synergy Café in Felixstowe, which provides weekly support to people with dementia, older people with other health conditions and family carers.

## Suffolk Cruse Bereavement Care

£2,000

Towards travel expenses for volunteers who support clients in Felixstowe and Ipswich.

## Suffolk Mind

£1,998

To fund the cost of running three 'Get Ready, Step Forward' courses in Ipswich, supporting a total of 36 people.

## Suffolk Young People's Health Project

£1,970

Towards the cost of providing 88 counselling sessions for at least 11 young people aged 12 to 25 years who are suffering from emotional and mental ill health.

## Swimming Self-Help Group Ipswich

£1,000

To enable the group to run weekly swimming sessions for people with mental health issues.

## Woolverstone Project

£2,000

Towards the cost of providing sailing sessions for people with disabilities.

## Raising the Bar Community Fund

### Access Community Trust

£4,100

To train Waveney Transition Ambassadors at Ashley Academy.

### ActivLives

£4,000

To provide community-based learning and enterprise opportunities for children and young people.

### Bangladeshi Support Centre

£4,978

Towards supporting the supplementary school and activities to help promote community cohesion.

### Bows & Arrows

£3,697

For events, resources and extra home visits.

### CWM Training & Education Ltd

£5,000

To fund fun, educational and cookery based workshops which will help prepare children of pre-school age for the transition into school.

### Happy Faces Preschool (LAMPH)

£2,310

Towards training and resources for the Early Talk programme.

### Home-Start Suffolk: East Ipswich and Coastal

£4,936

To provide both parent and child school readiness support to families residing in Suffolk Coastal.

### Ipswich Community Media

£5,000

To help migrant parents so they are in a better position to support their children and assist them to reach their full potential.

### Kernos Centre

£5,000

Providing counselling for children, young people and their families.

### New Cut Arts

£5,000

To develop and broaden a filmmaking programme of support for young people experiencing difficulties in coping with secondary education.

## PHOEBE

£4,999

Supporting children with English as a second language with supplementary lessons.

## Sharing Parenting An Adlerian Approach to Parenting

£4,500

To fund the True Colours personality programme supporting young people.

## Suffolk Mind

£4,985

To work with St Matthews Primary School to support the emotional wellbeing of the children and their families.

## RJB Grantmaking Fund

### FIND (Families in Need) Ltd

£1,500

Towards providing beds, mattresses, duvets, fitted sheets and pillows for children and young people in need in the Ipswich area.

### Fresh Start - new beginnings

£2,000

Towards specialist worker costs of supporting two children or young people who have been sexually abused from the Ipswich area.

### Ipswich Community Media

£500

To deliver a media project working with children from Whitehouse Primary School in Ipswich.

### Ipswich Community Playbus

£500

To deliver play bus sessions in the Whitehouse area of Ipswich, providing children with a fun place to learn and play.

### Ipswich4Family

£1,000

Contribution towards the costs of supporting families who need additional support.

### Lighthouse Women's Aid

£2,000

To run the 'Summer Playscheme' providing activities and support to children who are staying in the refuge.

## Ormiston Families

£500

Provide counselling sessions to survivors of domestic violence.

## Rowland Family Fund

### Porch Project

£600

To fund the general running costs of the group to enable it to continue providing a youth group on Tuesday and Friday evenings during term time and Friday evenings during the summer holidays.

## Sabariah's Fund

### GYROS

£964

To support a reminiscence project for women in Lowestoft to celebrate cultural difference.

### Iceni Judo Club

£1,584

Towards the cost of providing the opportunity for young people to complete a yellow belt challenge in Lowestoft.

## Safer Suffolk Fund

### Anglia Care Trust

£20,000

To support the continuation of the Alcohol Recovery Service across Suffolk on an outreach basis.

### Crimestoppers Trust

£15,782

Towards engaging those from Suffolk to anonymously report domestic abuse.



**Eden's Project****£5,247**

To train youth workers on a positive parenting course and then run sessions with local families.

**Fresh Start - new beginnings****£20,000**

Supporting salary costs of a specialised worker to support 15 child victims of sexual violence whilst they are awaiting their appearance in court as witnesses.

**GYROS****£20,000**

To fund service provision for more challenging and complex migrants, helping to integrate communities within the Waveney area.

**Inspire Suffolk****£20,000**

Towards running a sports, citizenship and cultural understanding programme aimed at young men from all Eastern European and Asian communities.

**Ipswich Housing Action Group (IHAG)****£20,000**

Towards the cost of the Assertive Street Outreach Coordinator who engages with people who are at risk of sleeping rough.

**Junction10 for Young People CIC****£20,000**

Providing counselling and coaching services to young people.

**Lapwing Suffolk****£15,000**

To run 'Safe Ground', working with young people who are vulnerable as victims or perpetrators of anti-social behaviours.

**Porch Project****£20,000**

To provide a qualified Youth Worker to facilitate the setting up and running of a Youth Welfare Project in Great Cornard

**Raedan Trust (Suffolk)****£7,344**

To support victims of crime with free counselling sessions.

**Safe Partnership Limited****£6,000**

To fund free and immediate home security for victims of domestic violence.

**Signpost Gunton****£16,120**

To fund the employment of 2 part-time workers to work alongside families in crisis in the community.

**Suffolk Chinese Family Welfare Association****£2,980**

To provide support and sign posting service to domestic violence/servitude victims who are Chinese.

**Suffolk Mind****£19,942**

To provide a wellbeing support package for victims of crime who have mental health problems in Bury St Edmunds and Ipswich.

**Suffolk Rape Crisis****£20,000**

Towards the costs of the salary of the counselling co-ordinator and 75 counselling sessions for survivors of sexual violence across Suffolk.

**Suffolk Refugee Support****£19,997**

Towards the cost of providing an independent, personalised and holistic support and advice service for vulnerable asylum seekers and refugees.

**Volunteering Matters****£20,000**

Towards developing and delivering a creative and innovative youth programme and toolkit to support young people at risk of, or affected by, child sexual exploitation or violence.

**Walking with the Wounded****£15,000**

A contribution towards the cost of working with veterans as part of an early intervention programme.

**Waterfront Community Centre****£2,000**

Towards running a youth club session for young people who are from the traveller and gypsy community.

**Waveney Domestic Violence & Abuse Forum****£8,621**

Towards the Caring Dads intervention programme.

## Safer Suffolk Small Grants Fund

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**Artheads****£2,000**

Towards core costs of sustaining a range of programmes for people recovering from addictions.

**Bangladeshi Support Centre****£500**

Towards the cost of providing a multicultural festival in Ipswich.



**Porch Project £20,000**

### Catch 22

£1,955

To expand the reach of the Suffolk Positive Futures project and offer a programme of free evening sports activities to young people across the Forest Heath district.

### Eden's Project

£2,000

Towards the running costs of youth clubs in Sudbury and Great Cornard, providing young people with somewhere to meet and take part in positive activities.

### Framlingham Area Youth Action Partnership

£2,000

Towards the costs of running the Friday evening youth club sessions.

### Fresh Start - new beginnings

£1,921

To provide new furnishings and other pieces of equipment for the centre.

### Home-Start Mid Suffolk

£2,000

Towards the cost of projects to support families in Mid Suffolk who are experiencing issues of domestic abuse and/or substance abuse.

### Ipswich Community Media

£1,500

Towards delivering a media project working with disadvantaged children from Whitehouse Primary School in Ipswich.

### Ipswich4Family

£2,000

A contribution towards the costs of supporting families.

### Kernos Centre

£2,000

To provide counselling sessions for young people who are at risk of being involved in anti-social, illegal or destructive behaviour.

### Matthew Project

£1,998

Towards sessions that support war veterans who may be suffering from Post-Traumatic Stress Disorder or similar conditions.

### Perspectives Pregnancy Advice

£700

Continued professional development training for 2 support and listening volunteers to become fully qualified counsellors.

### Rural Coffee Caravan Information Project

£871

Towards the cost of two loneliness awareness workshops to engage statutory and community organisations in issues around loneliness and rural isolation in local areas and how such organisations can become more active and inclusive.

### Suffolk Young People's Health Project

£2,000

Supporting the continuation of the Girls Group which provides weekly services for young vulnerable women.

### The Rotary Club of Sudbury

£750

Towards the venue hire for running Crucial Crew 2016 which seeks to promote and encourage personal safety, respect for the law and a practical understanding of community safety for children.

### Shadwell Fund

#### Bury St Edmunds and West Suffolk Samaritans

£2,000

To fund volunteer travel expenses to enable the group to continue providing a telephone helpline and support service to those in need in Bury St Edmunds and West Suffolk.

#### Bury St Edmunds Sea Cadets

£1,000

To help with the overall cost of purchasing a boat, launch trolley and accessories to expand facilities available at the group providing more opportunities for children and young people to learn and develop their sailing skills.

#### Our Special Friends

£1,000

A contribution towards the salary cost of a part time administration assistant to enable the group to expand and increase its number of volunteers to provide support to people in need who have or would like animal companions.



#### Upbeat - Heart Support in West Suffolk

£1,000

To fund a qualified exercise instructor to run three different exercise classes for people who have experienced cardiac issues and their carers to help improve their overall health and wellbeing.

#### Fresh Start - new beginnings

£2,000

Towards the cost of employing part time specialist workers to support children who have suffered sexual abuse.

#### Inspire Suffolk

£1,678

Towards the cost of running football sessions for young people with Down syndrome, promoting regular exercise and healthy activity.

#### Lighthouse Women's Aid

£466

To fund a training course for a newly appointed child play worker to support families and children accessing services at the women's refuge.

#### Lowestoft Shopmobility

£2,000

To fund a project to help people who are visually impaired to do their shopping through the provision of a sighted guide.

### Sheepshanks Fund

#### UK Community Foundations

£1,000

A donor designated donation.

### Skinner's Fund

#### Chantry Youth Development Initiative

£900

To support the group with general running costs to enable it to continue providing sports and leisure activities for children from deprived backgrounds in the Chantry area of Ipswich.

#### DIAL - Lowestoft and Waveney

£2,000

To fund the salary of a part time adviser to provide marketing support to the group.

### Small Grants Fund

#### Bangladeshi Support Centre

£900

Towards the cost of providing a multicultural festival in Ipswich.

**Caribbean and African Community Health Support Forum**

£900

A grant to fund the cost of running regular fitness classes to promote health and wellbeing and for the production of a fitness DVD.

**Creeting Community Pre-School**

£197

Towards the cost of two large tables for the pre-school to accommodate an increase in the number of children attending each session.

**DIAL - Lowestoft and Waveney**

£900

To enable the group to continue running outreach work in Beccles and to provide advice and information to people with disabilities.

**Dumbarton Road Short Mat Bowls Club**

£900

To purchase new bowls mats for the club.

**Framlingham Area Youth Action Partnership**

£900

To fund the cost of a weekly drama group for young people.

**Great Barton Scout Group**

£757

To enable the group to purchase new equipment for camping events.

**Halesworth Volunteer Centre**

£900

Towards the annual salary cost of a volunteer support worker.

**Hinderclay Village Hall**

£455

To fund the purchase of a new projector for the village hall.

**La Leche League Suffolk**

£800

To fund the establishment of an Ipswich based breastfeeding support group.

**Mental Health Users Support Group**

£320

A contribution towards the cost of room hire for the group's regular service user support meetings.

**Newmarket Old Time Dance Club**

£500

To support the overall running costs of the club.

**Outreach Youth**

£550

Towards the cost of upgrading the current website for the group.

**St Christopher Senior Citizens Club**

£900

To enable the group to rent a scout hall for regular meetings.

**Suffolk Cruse Bereavement Care**

£900

Towards volunteer costs for the organisation to enable it to continue supporting the bereaved.

**Wortham Village Hall**

£900

Towards the cost of repairing the village hall roof.

**Young People Afloat**

£315

A grant towards the funding of one sailing instructor to obtain a Senior Instructor qualification.

**Somebody's Daughter Memorial Fund**

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**Talitha Koum**

£800

Towards the cost of a leader of support sessions completing a level two certificate in counselling.

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**Sport Relief Community Cash**

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**29th Ipswich Guides**

£1,000

Towards the cost of a camping trip for 13 guides to attend in the summer of 2016.

**AFSKP**

£1,000

Funding for equipment enabling young people to play football in a safe environment.

**Beccles Sea Cadets**

£1,000

A contribution towards a new yole.

**Bentley Community Shop CIC**

£1,000

To purchase a chiller cabinet.

**Caribbean and African Community Health Support Forum**

£1,000

Towards the cost of running regular fitness classes to promote health and wellbeing.

**Chantry Grasshoppers Football Club**

£1,000

To purchase new kits.

**CREATE**

£1,000

A contribution towards the upgrading of lights and the acquisition of a slider, both to be used by school and community groups.

**Debenham Bowls Club**

£1,000

Towards the purchase of a new grass cutter.

**Earl Stonham Over 60's Club**

£1,000

To be able to offer support for events held at the social club for older members of the local community.

**East Anglian Sailing Trust**

£1,000

To fund the fuel and maintenance of the trust's safety boat.

**Eden's Project**

£958

Towards the cost of weekly football sessions along with paying for the hire of an all-weather football pitch.

**Felixstowe District Friendly Visiting Service**

£1,000

Towards the cost of coach transportation for the group's regular outings and the cost of the Christmas lunch and entertainment.

**Great Cornard Lunch Club**

£900

Supporting the costs of coach hire, lunch provision and theatre tickets for local older people who are isolated.

**Ipswich Four Trampoline Club**

£957

To support training qualifications for 3 individuals.

**Ipswich Opportunity Group**

£1,000

Funding the rent of the Salvation Army Hall.

**Make + Create**

£872

Towards materials and exhibition costs for eight art sessions.

**Mendlesham Over 60's Club**

£1,000

Towards payment for regular speakers at meetings and rent for the venue.

**Needham Market Phoenix Youth FC**

£1,000

To purchase new equipment to involve more children in playing football at the club.

**Nisa Waveney Juniors Angling Club**

£1,000

To buy 10 adjustable fishing seats for disabled children to use, ensuring their comfort and enjoyment whilst fishing.

**PHOEBE**

£1,000

Towards employing a trained facilitator for the continuation of the domestic abuse support course.

**Phoenix Project**

£1,000

Towards the weekly room rental costs for The Phoenix Club, which provides a friendly, inclusive environment for people with mental health issues to socialise and learn new skills.

**Pisces Swimming Club for Disabled People**

£570

Funding the cost of hiring the swimming pool for 6 months.

**Poppies Care Farm CIC**

£1,000

Towards the cost of tools and equipment for the care farmers to use.





**Waveney Deaf Children's Society**

£842

Towards a summer outing for local deaf children and their parents/siblings.

**Waveney Wolves**

£825

Towards basic equipment which will be required to participate in flag football.

**Woolverstone Project**

£1,000

To provide sailing sessions at Alton Water for children and young people with learning and behavioural issues.

**Yoxford Bowls Club**

£1,000

Towards equipment and training costs for the bowls club.

**Stimulus Fund**

**Brandon Remembrance Playing Fields Committee**

£1,000

Towards the costs associated with offering tennis opportunities to the local community.

**Framlingham Tennis Club**

£1,000

A contribution towards the employment of a coach/development officer which will enable the club to increase community participation.

**Fressingfield Tennis Club**

£300

Towards the cost of providing free coaching to young people during the summer holiday months.

**Inspire Suffolk**

£924

To provide free weekly tennis sessions to the local community.

**Ipswich Sports Club**

£1,000

A partial award towards free tennis taster sessions in local schools.

**Somersham Tennis Club**

£1,000

Towards coaching sessions for young children.

**Suffolk Disability Care Fund**

*The following grants have supported more than 11 local beneficiaries providing specialist living aids to improve their quality of life. The items listed are not statutorily provided. Applications must be referred by a health or social care professional.*

**Adult Community Services**

£890

To fund a wheelchair with appropriate attachments.

**Adult Community Services**

£1,000

To provide a Kirton duo minor manual armchair.

**Adult Community Services**

£460

To purchase batteries for a wheelchair.

**Brainwave Centre**

£1,000

A contribution towards the purchase of a Neater Eater.

**Suffolk Community Healthcare**

£1,000

To fund a tricycle.

**Suffolk Community Healthcare**

£1,000

To purchase a Theraplay Terrier Trike.

**Suffolk Community Healthcare**

£1,000

A grant towards the purchase of a padded playpen/area.

**Suffolk Community Healthcare**

£1,000

To fund a Theraplay Terrier Trike.

**Suffolk County Council**

£1,000

To fund a Creative Care Maxi Safe and Sound Pod.

**Suffolk County Council**

£375

To support the purchase of a bath lift.

**West Suffolk Voluntary Association for the Blind**

£995

To fund an Optelec Compact 7 HD magnifier.

**Rushmere Baptist Church Lunch Club**

£500

Enabling the hire of a wheelchair accessible coach and venue for the group's annual day out.

**Seaton Road Methodist Church**

£1,000

Towards replacing the village hall's carpet with a wipeable vinyl flooring.

**Stowmarket ASD Saturday Clubs**

£900

Towards in-house sports instructors.

**Sudbury Gateway Club**

£700

Supporting the costs of venue hire, volunteer costs and purchasing new equipment suitable for people with learning and mobility issues.

**Sudbury Market Town Partnership**

£961

Towards providing essential equipment to support the work of the Community Kitchen in preparing and supplying lunches.

**Suffolk Disabled Anglers Forum**

£556

Towards the cost of fishing bait and tackle for the group to provide the opportunity for people with disabilities to take part in fishing.

**Suffolk Spartans Powerlifting Club**

£950

Funding the cost of running and promoting the club and hosting an international competition.

**Swimming Self-Help Group Ipswich**

£1,000

Towards the cost of pool hire.

**Team Spirit**

£1,000

A contribution to core costs for the group.

**The Debenham Project**

£1,000

Towards the ongoing annual running costs.

**VIP Club Bury St Edmunds (WSVAB)**

£1,000

Towards annual rent and transport to meetings.

**Voices for Gainsborough Community Library**

£771

To enable the purchase of equipment to continue kurling and boccia sessions.

## Suffolk Giving Fund

The Suffolk Giving Fund includes support from the following funds: Barclay Family, Bunbury Family, Chapman Family, Davies Family, Godolphin, Ipswich Building Society, Jay Abbott, Lucstu, Mahony Family, Marriott Motor Group, Peter Rous, Tattersalls and The Vestey Group.

### 1st Horringer Scout Group

£2,000

To fund the cost of installing doors and windows in a new scout hut.

### 24th Ipswich Scout Group

£1,000

To fund the purchase of new chairs for the main hall of the scout group to be used by the scouts and the wider community.

### 2nd Carlton Colville Scout Group

£1,237

Towards the cost of purchasing a new tent for the scout group.

### Access Community Trust

£1,500

To help with the cost of renovating a community hub to develop a café that will provide employment opportunities and training for young people not in education, employment or training.

### Association of Wheelchair Children

£2,000

Towards the cost of funding two wheelchair skills workshops for children and young people in Suffolk, helping to improve their independence.

### Autism and Nature

£2,000

Towards the publication of a specialised 36-page colouring book for autistic children, featuring the Suffolk Coast Heaths and the Dedham Vale.

### Beccles Lido Limited

£1,000

To support the cost of installing a soft surface for a children's play area at the lido.

### Benhall Pre-School Playgroup

£1,000

To help with the purchase of a new canopy for the pre-school.

### Bridge Project Sudbury

£2,000

Support for ongoing development costs, including staff training and repaving of a footpath.

### Bucklesham & Foxhall Village Hall

£500

To purchase new tables for the village hall for the benefit of the whole community.

### Bumblebee Children's Charity

£2,000

A contribution to the running costs of supporting children with physical and learning disabilities.

### Bury St Edmunds and West Suffolk Samaritans

£2,000

Towards the core running costs to support those in need.

### Bury St Edmunds and West Suffolk Samaritans

£1,995

A contribution towards the cost of volunteer recruitment to maintain services supporting anyone in need in the local area.

### Bury St Edmunds and West Suffolk Samaritans

£3,000

To help towards the organisational costs of maintaining the volunteer led telephone service supporting individuals in their time of need.

### Bury St Edmunds Sea Cadets

£1,000

To fund a boat, launch trolley and accessories to expand facilities available at the group to provide more opportunities for children and young people to learn and develop their sailing skills.

### Cancer Campaign in Suffolk

£2,000

Towards the cost of providing free complementary therapy to anyone suffering from cancer.

### Caribbean and African Community Health Support Forum

£1,275

Towards the cost of health screening equipment for a men's health and wellbeing project run by the group.

### Daws Hall Trust

£2,000

Supporting core running costs for Daws Hall Trust.

### DIAL - Lowestoff and Waveney

£2,000

Towards funding for an outreach service in Harbour Ward, Lowestoff, supporting those with disabilities and long term health problems.

### Disability Advice Service (East Suffolk)

£2,000

Towards the annual salary of a senior welfare rights worker to enable the group to continue providing benefits and welfare advice and information to people with disabilities and their carers.

### Eastern Enterprise Hub

£1,950

Towards the cost of running a support programme for young mums to help develop their confidence for future employment, volunteering and training opportunities.

### Eden Rose Coppice Trust

£3,900

Towards the cost of supplying and building toilet facilities.

### Eden Rose Coppice Trust

£2,000

To ensure the valuable service of the lead school's liaison and site leader continues into 2016.

### Eden Rose Coppice Trust

£1,000

To support the group's work with children from special schools in the local area.

### Eden's Project

£1,932

To fund the continuation of a youth provision in Glemsford for young people once a week.

### Framlingham Area Youth Action Partnership

£2,000

Towards the salary cost of a senior youth worker to facilitate youth club drop-in sessions.

### Framlingham Area Youth Action Partnership

£1,280

To fund the cost of a youth drop in session once a week after school, providing a safe place for young people in Framlingham and the surrounding area.

### Fresh Start - new beginnings

£2,000

Towards the cost of employing part time specialist workers to deliver the core work.

### Fresh Start - new beginnings

£2,000

A contribution towards the annual salary of a part time administrator.

### Greenfinch Church

£500

Towards the cost of installing a new floor in the main hall of the church for the benefit of the local community.

### Halesworth Area Community Transport

£1,000

To train new volunteers and promote the service to increase the number of volunteer drivers.

### Halesworth Volunteer Centre

£759

To continue to provide pop-up shops at the local library and doctor's surgery to promote services and recruit volunteers.

### Honington and Sapiston Village Hall

£800

To purchase a demountable stage for the village hall, which would be used by local amateur dramatic groups for productions and performances.



**Inspire Suffolk****£1,262**

Funding for the mental health project.

**Ipswich & Suffolk West Indian Association****£1,000**

To support the annual running cost of the organisation to enable it to continue providing a lunch club for older members of the Caribbean community in Ipswich.

**Ipswich and East Suffolk Samaritans****£1,000**

To support the service to enable it to continue providing a confidential emotional support service to anyone in need.

**Ipswich4Family****£2,000**

To enable the group to continue supporting families.

**Kernos Centre****£1,000**

To cover the clinical costs of the first six counselling sessions to 15 disadvantaged adult clients who are either unemployed or on benefits.

**Kernos Centre****£2,000**

Towards the overall running cost of providing a counselling service to enable the group to offer counselling free of charge or at a reduced cost to those in need.

**Kesgrave Library Community Group****£1,683**

Towards the cost of delivering an outreach programme to encourage reading and literacy among pre-school children in the local community.

**Kettleburgh Village Hall****£500**

To help with the cost of refurbishing the kitchen at the village hall to improve facilities for the local community.

**Ko-an Arts CIC****£3,009**

Supporting the cost of producing a short film to help those living with dementia.

**Ko-an Arts CIC****£1,000**

To run reminiscence sessions at the 'Forget-Me-Not' centres.

**Level Two Youth Project****£1,000**

To help with running a healthy food project for children and young people to raise awareness of health issues and encourage young people to cook healthy meals independently.

**Lighthouse Women's Aid****£1,000**

To fund the cost of promotional materials to help raise awareness of the organisation in Suffolk.

**Little Waldingfield Playingfield****£1,000**

To purchase new swings that will have a range of different seats to suit all abilities of those visiting the playing field.

**Lowestoft Community Church****£1,500**

A grant towards the cost of a co-ordinator to run a befriending and support service offered by the group to anyone in need in the Lowestoft area.

**Metfield Village Hall****£900**

To fund new storage sheds for the village hall.

**Mid Suffolk Citizens Advice Bureau****£1,000**

Towards running costs for the forthcoming year to enable it to continue providing free independent, impartial and confidential advice to individuals locally.

**Mid Suffolk Light Railway Museum****£1,000**

A contribution towards the costs of refurbishing a small workshop building in the style of an original MSLR engine shed.

**New Life Church (Suffolk) - Stowmarket Foodbank****£2,280**

Towards the salary cost of a family support worker to provide long term support to families in need.

**Nisa Waveney Juniors Angling Club****£2,000**

To fund the renewal of fishing equipment which has been broken or damaged over the past year as well as purchasing additional equipment due to an increased demand.

**Inspire Suffolk £1,262**

### Norfolk LGBT Project

£1,922

To fund the cost of developing an A6 booklet to help inform teachers, social workers and other health professionals working with young people about how they can support young LGBT people.

### Oasis Community Centre

£1,000

Towards volunteer expenses to enable the group to continue delivering English language classes at the centre.

### Ormiston Families

£1,000

To support the cost of support sessions run by the group to help those who have experienced domestic violence.

### Our Special Friends

£1,000

To fund the salary cost of a part time administration assistant to enable the group to expand and increase the number of volunteers it has to provide support to people in need who have or would like animal companions.

### Pettiward Hall Management Committee

£500

To fund improvements to the village hall through the installation of acoustic panels, blinds and curtains.

### Phoenix Project

£1,000

Towards the cost of salaries to enable the group to continue running support sessions for people with mental health difficulties.

### REACH Community Projects

£2,000

A contribution towards the salary of a Reach worker to assist with the running of the group's food bank in Haverhill.

### REACH Community Projects

£3,968

Funding towards the running costs of the resource centre to support those in need in Haverhill and the surrounding area.

### Rural Coffee Caravan Information Project

£2,690

Towards the costs of running 4 community cream tea events to celebrate the Queen's 90th birthday particularly focusing on people living in rural communities.

### Semer Village Hall

£500

Towards the cost of putting a new roof on the village hall and improving the exterior of the building.

### Signpost Gunton

£2,000

Towards the salary cost of running additional support projects to help young people to overcome their problems and move forward with their lives.

### STEP (Standing Together Empowering People)

£2,918

Towards the cost of employing a part time sessional worker to support the expansion of this service to help people in need.

### Stour Valley Vineyard Church

£3,500

Supporting the core running costs of the Sudbury foodbank.

### Sudbury Area Cancer Support Group

£1,200

Towards the core running costs of the organisation to enable it to continue supporting people who have been affected by cancer.

### Suffolk Accident Rescue Service

£2,000

Providing support to a team response vehicle to enable the group to provide a fast response service to casualties in Suffolk.

### Suffolk Artlink

£2,493

To bring comfort, distraction, support and fun to children/young people in hospitals and hospices with a team of Clown Doctors who lead engaging activities.

### Suffolk Cruse Bereavement Care

£2,000

Towards travel expenses for volunteers supporting clients throughout Suffolk.

### Suffolk Young People's Health Project

£2,000

Towards a youth worker led outreach response programme, which may prevent the escalation of some young people's issues to a crisis level.

### St Botolph's & District Bowls Club

£500

Towards the cost of renovating the club house and purchasing a combination mower for the bowling green of the club.

### St Edmundsbury Newstalk Association

£2,000

A grant towards the cost of providing weekly news recordings to visually impaired people in West Suffolk.

### St Nicholas Hospice

£2,000

Towards the cost of providing a Hospice Neighbour scheme in Haverhill to support patients in their own homes.

### Suffolk Accident Rescue Service

£1,000

To support the cost of running a team response vehicle to enable the group to provide a fast response service to casualties in Suffolk.

### Suffolk Young People's Health Project

£2,000

To fund 80 counselling sessions for children and young people in need from St Albans Catholic High School in Ipswich.

### TOPCATS

£2,000

To support the group with the cost of employing four extra staff to support additional children through the centre during the school holidays.

### Unscene Suffolk

£2,310

To provide theatrical opportunities to those with visual impairments.

### Upbeat - Heart Support in West Suffolk

£2,000

Towards the cost of a cardiac nurse to attend exercise classes for heart patients in West Suffolk.



### Upbeat - Heart Support in West Suffolk

£1,000

A grant towards the cost of funding a qualified exercise instructor to run three different exercise classes during a morning session for people who have experienced cardiac issues and their carers to improve their overall health and wellbeing.

### Walking with the Wounded

£3,000

A donor designated donation towards two restore projects in Suffolk.

### Walsham-le-Willows Youth Football Club

£500

To help with the cost of installing male and female toilets for the football club.

### Waveney Domestic Violence & Abuse Forum

£1,000

A contribution towards upgrading the group's IT systems to accommodate expansion.

### Whitton Youth Partnership

£2,000

To fund the group's salary of a part time community youth worker to run youth sessions.

### Friends of Thomas Wolsey School

£2,000

Towards the overall cost of running music therapy sessions for pupils with severe and complex physical and learning disabilities, sensory impairments and medical needs.

### Suffolk Giving Fund - West

### Abbeycroft Leisure

£2,000

A contribution towards a 'stand tall' project, designed to work with young people suffering from mental health conditions.



## ASD2

£2,650

Enabling training for staff, and to provide toys and equipment for children with learning disabilities.

## Brandon Town Bowling Club

£2,000

Towards the overall cost of installing a new concrete edge to the bowling green to address the re-occurring issue of an uneven bowling green.

## Fresh Start - new beginnings

£4,000

Towards the annual salary of a part time administrator to support the organisation and help with the overall business development.

## Gatehouse Caring in West Suffolk

£2,000

To fund a music therapist to deliver 10 full day music therapy sessions once a week for people living with dementia.

## Haverhill Stroke Support Group

£1,580

To fund a physiotherapist to deliver therapeutic exercise classes to stroke survivors to help increase their mobility, balance, co-ordination and confidence.

## Inspire Suffolk

£2,000

Towards the cost of the residential phase of a West Suffolk Prince's Trust team programme for 18 young people aged 19 to 25 who are not in education, employment or training.

## Keystone Development Trust

£3,000

Towards the salary cost of a qualified advisor to run a drop-in two mornings a week for local residents to attend to discuss issues and access support.

## Noise Solution Ltd

£2,000

Supporting music based services to young people who are living in challenging circumstances or who are vulnerable.

## Orchestras Live

£2,000

Towards the cost of providing a musical project in Forest Heath for young children and their families who would not otherwise experience live orchestral music and engage in fun and musical learning activities.

## Suffolk Mind

£2,319

Towards the cost of running a project to support individuals who are vulnerable, disadvantaged and struggling to secure employment.

## Suffolk West Citizens Advice Bureau

£2,000

Supporting West Suffolk families and communities with advice and signposting.

## Fresh Start - new beginnings

£2,000

Towards the cost of providing support for three children who have been victims of sexual abuse and are awaiting a court appearance.

## Inside Out Community Arts in Mental Health

£2,000

To help fund the cost of developing and delivering an arts and wellbeing programme called 'Art-Works' for people with mental ill-health.

## The Befriending Scheme

£1,640

To fund the cost of training new members of staff to support new and existing volunteers.

## Surviving Winter Appeal

## Age UK Suffolk

£102,085

To provide much needed grants to older people experiencing fuel poverty in Suffolk

Orchestras Live £2,000



## Warm Homes Healthy People Fund

### REACH Community Projects

£3,000

### Sudbury and District Citizens Advice Bureau

£3,000

## West Fund

### Framlingham Area Youth Action Partnership

£1,000

To fund the cost of a weekly drama group for young people.

### Ipswich and District Stroke Club

£750

Towards the cost of hiring disabled access transport to enable members who have experienced a stroke to attend outings throughout the year to help boost their confidence and self-esteem.

### Mid Suffolk Light Railway Museum

£2,000

A contribution towards the costs of refurbishing a small workshop building in the style of an original MSLR engine shed.

## Women & Girls Fund

### Cancer Campaign in Suffolk

£1,000

To provide wellbeing beauty workshops for women who are cancer patients.

### Eastern Enterprise Hub

£1,000

Contribution to the 'Back to Your Future' project supporting unemployed young mums.

### Fresh Start - new beginnings

£1,000

Training for specialist workers and senior management so they can support children and young people who have suffered sexual abuse.

### Friends of The Ferns

£910

Contribution to providing critical incident debriefing counselling to women and girls who have suffered a sexual assault.

### Keystone Development Trust

£950

To run art and craft sessions for women in the Mildenhall area.

### Level Two Youth Project

£1,000

Youthwork costs for continuing weekly 'girls only' sessions for 11 to 19 year olds.

### Porch Project

£1,000

Towards running twice monthly sessions for girls and young women in Hadleigh and the surrounding area.

### Suffolk Rape Crisis

£1,000

To provide 25 sessions of counselling for women and girls aged over 14 who are survivors of rape or sexual abuse.

### Suffolk Young People's Health Project

£1,000

For the continuation of the Girls Group which provides weekly services for young vulnerable women.

## Working Together Awards

### 1st Horringer Scout Group

£1,000

An award to support the community building for the scout group.

### Battisford Punch Bowl Community Interest Company

£1,000

An award to the group's efforts in renovating and reopening a pub for the benefit of the local community

### Bentley Community Pub Ltd

£5,000

An award to the community owned and volunteer run village pub.

### Castle Manor Academy

£5,000

An award towards the restoration of an orchard for community and teaching use.

### Clare Castle Country Park Trust

£3,500

An award to recognise the dedication of the group and a large number of volunteers in renovating Clare Castle Country Park.

### Community Action Suffolk

£3,000

An award towards a project that engages people in sport and event volunteering to support Suffolk's campaign to become England's most active county.

### Greener Growth CIC

£2,000

An award towards the 'Recovery Through Nature Programme' supporting the local community to tend to a garden.

### Halesworth Dementia Carers' Fund

£3,000

An award to support people living with dementia and their family carers in and around Halesworth.

### Home-Start Suffolk: East Ipswich and Coastal

£10,000

An award for the development consortia of the three existing Suffolk based Home-Start schemes.

### Honington and Sapiston Village Hall

£5,000

An award to replace a dilapidated village hall with no disabled access or facilities with a purpose-built new hall.

### Horringer Pre-School

£3,000

An award towards the work of volunteers supporting the group's re-development of the garden and outdoor space at the pre-school.

### Hundon Hedgehogs Preschool

£5,000

An award recognising a new pre-school provision.

### Ipswich and Suffolk Council for Racial Equality

£5,000

An award to provide support and empowerment to individuals in need.

### Lidgate Community Speedwatch

£500

An award towards The Community Speed Watch programme in Lidgate.

### Mid Suffolk Light Railway Museum

£5,000

An award supporting the revival of Mid Suffolk Light Railway Museum.

### Middleton Recreation Ground Trust

£5,000

An award for the construction of a pavilion, incorporating kitchen, seating area and toilets.

### Signpost Gunton

£5,000

An award for the support offered to the vulnerable community.

### St Elizabeth Hospice

£3,000

An award acknowledging the Young Adult's Group which aids the transition from child to adult services.

### Stour Valley Vineyard Church

£3,500

An award in recognition of providing Christmas hampers to 120 families in need in the Sudbury area.

### Sue Ryder Care

£10,000

An award for the Synergy Cafés which provide support and activities for people with dementia and their carers.

### Suffolk Mind

£1,000

An award for the group's Get Up and Grow project, which encourages people to be active outdoors through weekly garden sessions.



Signpost Gunton £5,000

**Suffolk West Citizens Advice Bureau**

£5,000  
An award for the provision of a community financial capability programme established in isolated Suffolk.

**Theatre Royal Bury St Edmunds**

£2,000  
An award for the group's delivery of the first children's art festival for 5 to 13 year olds.

**TOPCATS**

£3,000  
An award to support young people with additional needs.

**Unity in Diversity Community Interest Company**

£2,000  
An award for bringing together two rurally isolated primary schools in Suffolk for a local history and diversity project.

**Walking with the Wounded**

£2,000  
An award for the group's partnership working with local statutory and voluntary organisations to deliver a programme of support for veterans in the criminal justice system.

Youth Social Action Fund

**Academy of Youth**

£5,000  
Supporting participants of the National Citizenship Service in Suffolk.

**Access Community Trust**

£5,000  
To employ a volunteer co-ordinator to work with access youth services.

**B&B Theatre Company**

£5,000  
Towards supporting young people through drama to increase self-confidence and self-esteem, increasing volunteering opportunities.

**Bows & Arrows**

£3,316  
Funding for staff costs and resources to enable community action to take place.

**Breaking Barriers (Suffolk)**

£4,971  
Towards providing young people the opportunity to be trained to run a club for younger members.

**Community Action Suffolk**

£5,000  
Supporting young people into sporting volunteering opportunities.

**Fixers UK**

£5,000  
Towards working with deprived and disadvantaged young people in Suffolk enabling them to address local issues.

**Forge Community Church**

£2,500  
To fund 2 - 3 people to become more effective leaders.

**Headway Suffolk**

£4,770  
To fund young people's travel and expenses to enable them to volunteer.

**Ipswich Community Media**

£4,940  
To fund a workshop/young people's co-ordinator and media facilitator.

**London Bus Theatre Company**

£3,905  
Funding for project set up costs enabling young people who are from deprived areas or N.E.E.T. to take part in drama classes.

**Mid Suffolk Holiday Opportunity Play Scheme (HOPS)**

£5,000  
To support the recruitment and training of 50+ new volunteers.

**Offshoot Foundation**

£3,050  
Towards the cost of providing a 10-week volunteering film project for disengaged young people in Leiston to encourage volunteering and engagement with the local community.

**Porch Project**

£5,000  
To fund the setting up and running of the Street Reach Project.



**Signpost Gunton**

£4,965  
Towards the cost of running the 'dream big project' to encourage young people to research the needs of the local community in Lowestoft and bring about positive social change through volunteering and citizenship.

**Spinning Wheel Theatre**

£5,000  
To enable young people to create their own theatre performance for young children in the local community.

**St Elizabeth Hospice**

£3,367  
Towards the cost of an administrator to facilitate the expansion of the Hospice Inclusive Volunteering Enterprise project.

**Suffolk Artlink**

£5,000  
Towards supporting young adult carers to give them respite from caring and allow them the opportunity to learn new skills, improving their confidence and wellbeing.

**Suffolk Young People's Health Project**

£4,800  
Towards supporting young people in their volunteering activities and personal development.

**The Befriending Scheme**

£5,000  
To fund a project for young volunteers to work together to organise and run music events.

**TOPCATS**

£5,000  
Towards core costs to provide support for 10 individual young people with complex needs.

**UCS Students' Union**

£3,914  
Towards the cost of running a volunteering campaign to encourage young people at the University to engage in a total of 10,000 hours of volunteering in the local community.

**Unity in Diversity Community Interest Company**

£4,975  
To fund a face-to-face service with young people to build relationships to enable them to learn and develop new skills around civic participation and social and political education.

**Waveney Youth Council**

£5,000  
To fund the Transition Ambassadors Project.

**YMCA Suffolk**

£4,983  
Supporting the costs of the Fusion project.

**Young People of the Year**

£5,000  
Towards the cost of running a befriender scheme involving Sudbury schools and Sudbury based care homes.

# Giving Back to Suffolk



We have invested in the community thanks to people just like you – people who love Suffolk, believe in its future and want to be a part of making it a better place for all. Your giving can be part of it.

Whether you want to set up a named fund, or join with others in giving around a shared interest, there are options for everyone which enable you to support causes in the way that suits you.

**You can set up a named fund** to give now, or build one over time. Creating this personal fund is an effective and straightforward way for you to get directly involved in local giving, without the administrative and legal costs of setting up a separate charitable trust.

Your gift can either be invested within our endowment to provide revenue for grants each year, or used as 'flow-through' funding with the amount given used for grants annually. Acorn funds are a special type of endowment fund where you can build up your gift over a number of years.

**You can make one-off or regular donations** to support our Suffolk Giving Fund or one of our other themed funds: the Arts and Culture Fund, the Sports Fund or the Rural Fund. You may wish to support our Surviving Winter Campaign. We welcome donations that are made in memory of loved ones, which can be made to any of the themed funds at the Foundation.

**You can leave a gift in your will** to set up your own named fund or to the Suffolk Giving Fund, or one of our other themed funds.

**You can join one of the Foundation's giving circles** which is an excellent way to increase the impact of your donation:

- Through the **Suffolk 100 Club** we are aiming to build a group of 100 leading individuals and businesses committed to supporting the small, grassroots community organisations that work hard to improve the quality of life for people across the county.
- The **Women and Girls Fund Suffolk** is a supportive network of people who care deeply about the county, and who would like to put something back into the community to help local women and girls in need.

**If you would like to become involved with us in any way, or would like any information on the work of the Foundation please do get in touch or visit our website.**

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# Building Sustainable Funds for Suffolk: The Power of Endowment

For over a decade Suffolk Community Foundation has been connecting causes that matter with people who care. At the heart of this work is the continued focus to grow endowment funds.

This sustainable approach to giving offers exactly the right mix of matching the charitable interests of the donor with the most pressing needs within the County.

Investing in the creation of an endowment fund within the supportive environment of your community foundation allows for a more productive combination of specialist advice and powerfully targeted grant-making.

Individuals, Families, Businesses, Community Funds and Giving Circles are already playing a powerful role in delivering sustainable endowment funding for Suffolk's voluntary sector.

We thank all our donors who are already working in partnership with Suffolk Community Foundation to build over 60 individual funds for Suffolk.

Arts & Culture Fund  
AXA Insurance Grassroots & Community First Fund  
Barclay Family Fund  
Birketts Grassroots & Community First Fund  
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Women & Girls Community First Fund

# Statement of Financial Activities

For the year ended 30 June 2016

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total 2016 £	Total 2015 £
<b>Income</b>					
Donations	165,578	-	-	165,578	143,806
Income from other activities	39,190	33,450	-	72,640	135,443
Investment income	53,914	270,046	-	323,960	241,823
Income from charitable activities	-	2,647,672	1,398,295	4,045,967	4,704,339
<b>Total income</b>	<b>258,682</b>	<b>2,951,168</b>	<b>1,398,295</b>	<b>4,608,145</b>	<b>5,225,411</b>
<b>Expenditure</b>					
Costs of raising funds:					
Events and marketing	39,152	35,247	3,279	77,678	46,782
Other costs of raising funds	142,383	44,089	150	186,622	185,147
Investment management costs	-	2,969	27,391	30,360	21,413
<b>Total costs of raising funds</b>	<b>181,535</b>	<b>82,305</b>	<b>30,820</b>	<b>294,660</b>	<b>253,342</b>
<i>Expenditure on charitable activities</i>					
Grants programme	57,015	2,379,285	-	2,436,300	1,790,661
Costs of grants programme	129,659	-	-	129,659	120,729
Community development	104,569	-	-	104,569	98,779
Governance	34,588	-	-	34,588	34,682
<b>Total charitable expenditure</b>	<b>325,831</b>	<b>2,379,285</b>	<b>-</b>	<b>2,705,116</b>	<b>2,044,851</b>
<b>Total expenditure</b>	<b>507,366</b>	<b>2,461,590</b>	<b>30,820</b>	<b>2,999,776</b>	<b>2,298,193</b>
Net (expenditure)/income of resources before transfers	(248,684)	489,578	1,367,475	1,608,369	2,927,218
Gross transfers between funds	257,612	(177,572)	(80,040)	-	-
	8,928	312,006	1,287,435	1,608,369	2,927,218
Other recognised gains and losses					
Gains on investments	14,673	25,064	34,382	74,119	228,089
<b>Net movement in funds</b>	<b>23,601</b>	<b>337,070</b>	<b>1,321,817</b>	<b>1,682,488</b>	<b>3,155,307</b>
Fund balances at 1 July 2015	216,937	884,866	8,504,702	9,606,505	6,451,198
<b>Fund balances at 30 June 2016</b>	<b>240,538</b>	<b>1,221,936</b>	<b>9,826,519</b>	<b>11,288,993</b>	<b>9,606,505</b>

## Statement by the trustees

These summarised accounts are a summary of information extracted from the audited annual accounts on which the auditors' opinion was unqualified. The full report and accounts were approved by the trustees on 26 September 2016 and have been submitted to the Charity Commission and the Registrar of Companies. These summarised accounts may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information, the full accounts, the auditors' report on those accounts and the Trustees' Annual Report should be consulted. Copies of these may be obtained from Suffolk Community Foundation's registered office.

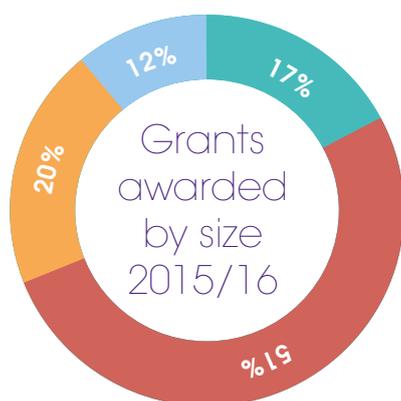
## Statement by the auditors

In our opinion The Summarised Financial Statements are consistent with the full annual accounts.  
Ensors Accountants LLP: 26 September 2016

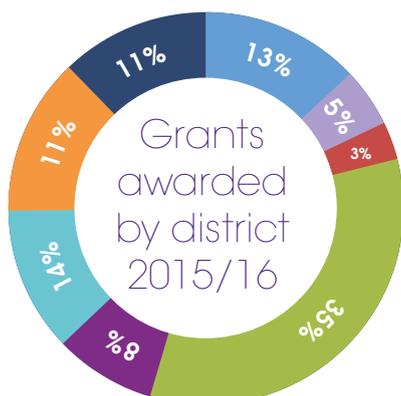
# Balance Sheet

As at 30 June 2016

	2016	2015
	£	£
<b>Fixed assets</b>		
Tangible assets	23,257	8,376
Investments	9,766,057	8,326,658
<b>Total Fixed Assets</b>	<b>9,789,314</b>	<b>8,335,034</b>
<b>Current assets</b>		
Debtors	452,628	285,657
Cash at bank and in hand	1,886,242	2,322,864
<b>Total Current Assets</b>	<b>2,338,870</b>	<b>2,608,521</b>
<b>Liabilities</b>		
Creditors: amounts falling due within one year	(613,567)	(934,756)
<b>Net current assets</b>	<b>1,725,303</b>	<b>1,673,765</b>
<b>Total assets less current liabilities</b>	<b>11,514,617</b>	<b>10,008,799</b>
Creditors: amounts falling due after more than one year	(225,624)	(402,294)
<b>Net assets</b>	<b>11,288,993</b>	<b>9,606,505</b>
<b>The funds of the charity:</b>		
<b>Capital funds</b>		
Endowment funds	9,826,519	8,504,702
<b>Income funds</b>		
Restricted funds	1,221,936	884,866
Unrestricted funds	240,538	216,937
<b>Total charity funds</b>	<b>11,288,993</b>	<b>9,606,505</b>



	Small grants up to £900	17%
	£901 - £2,000	51%
	£2,001 - £5,000	20%
	£5,001+	12%



	Babergh	13%
	Countywide	5%
	Forest Heath	3%
	Ipswich Borough	35%
	Mid Suffolk	8%
	St Edmundsbury	14%
	Suffolk Coastal	11%
	Waveney	11%

# Education, Research and Story Telling for a Better Suffolk



We thank our supporters who have generously sponsored the above publications.

They have played a vital role in assisting the Foundation in achieving its charitable objectives to uncover need, advance education and encourage partnerships and positive action to improve the lives and well-being of all in Suffolk.

- CCLA Investment Management
- Coveris
- Ipswich Building Society
- Leiston Press
- Private Donor
- Rathbones Investment Management

# Our People

We would like to once again thank our volunteers, grants panels, donors, supporters and staff who have so generously contributed to the work of the Foundation over the past year.

Special thanks to all the people whose names appear below, but also to the teams of volunteers who have worked with us, particularly with Suffolk Dog Day 2016, and the Royal Ballet's Gary Avis & Friends 'Dance for Suffolk' Gala.

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Nigel Bunting

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Major Michael Wyatt  
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Miss Melanie York

## Winter Fuel Donations

Once again our heartfelt thanks are extended to those of you who donated your Winter Fuel Payments to our Surviving Winter appeal 2015/16



**SUFFOLK**  
Community  
Foundation

## **A REPORT TO SUFFOLK COMMUNITY FOUNDATION BY UNIVERSITY OF SUFFOLK**

At a time of real challenge for many in our community, the Hidden Needs report offers a timely, accessible, evidence-based picture of need and deprivation in the county to help us all improve the lives of Suffolk residents.

The report includes interactive maps and can be found online at [www.suffolkcf.org.uk](http://www.suffolkcf.org.uk)  
If you would like a hard copy please call the office on **01473 602602**



# SUFFOLK Community Foundation

The Old Barns  
Peninsula Business Centre  
Wherstead  
Ipswich  
Suffolk  
IP9 2BB

01473 602602  
[www.suffolkcf.org.uk](http://www.suffolkcf.org.uk)

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With special thanks to Rathbones for  
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For further information please contact  
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