



SUFFOLK
Community
Foundation

CELEBRATING



CHARITIES



The High Sheriff's Awards 2020

LIVE **BBC**
RADIO SUFFOLK

Thursday 26th March at 7 - 8pm

Ashtons
LEGAL

 **Barnes**
CONSTRUCTION

PolicyBee 


IPSWICH
BUILDING SOCIETY

Birketts

East of
England
COOP

EAST ANGLIAN
DAILY TIMES

Our hosts for this evening



Lesley Dolphin

Lesley works at BBC Radio Suffolk since 1992 on various programmes and currently presents the afternoon show

'All About Suffolk' between 1pm and 4pm daily and the breakfast show on a Sunday.

Lesley loves both working in BBC Local Radio and presenting. We are extremely grateful to BBC Radio Suffolk for all its support of Suffolk Community Foundation's work, and thank you Lesley for supporting us once again as host this evening.



Tim Holder

Tim returns for his sixth year as co-host for the High Sheriff's Awards. As Head of Public Affairs at Suffolk

Community Foundation, Tim is committed to raising awareness about the challenges that face the people of Suffolk and creating partnerships to support the charities and community groups who help meet these needs across Suffolk.

Tim can be contacted by e-mail at tim.holder@suffolkcf.org.uk or telephone 01473 602602.

Grants from the High Sheriff's Fund are this year awarded to:

- **Anglo Chinese Cultural Exchange** supporting those from the Chinese community with workshops which will include personal safety information and guidance
- **Catch 22** to provide a sports project for those young people living in and around the Maple Park area
- **Homestart Mid and West Suffolk** supporting families who have experienced domestic abuse with their "Keeping Safe project"
- **Lighthouse Women's Aid** to enable those women in crisis to access advice and support on managing abusive relationships
- **Ormiston Families** offering tailored advice and support for children where a parent is in prison - through their Breaking Barriers project
- **Rotary Club of Saxmundham and District** to support their delivery of Crucial Crew for young people
- **Suffolk Young People's Health Project** Providing a safe place for young people during the summer which will address issues such as drug and alcohol abuse, bullying and personal safety

The High Sheriff's Fund is managed by Suffolk Community Foundation (registered charity number 1109453) which connects causes that matter with people who care.

The Foundation is dedicated to helping groups across Suffolk in most need, by working in partnership with others wishing to offer local support and help make a difference within their local communities.

Suffolk Community Foundation is Quality Accredited by UK Community Foundations to standards endorsed by the Charity Commission for England and Wales.

For more information visit www.suffolkcf.org.uk

The High Sheriff's Awards Ceremony Programme

The High Sheriff of Suffolk, Roz Eminson

Presenters: Lesley Dolphin, BBC Radio Suffolk & Tim Holder, Suffolk Community Foundation

Suffolk Volunteer of the Year under 30 Award



Shortlisted: Sam Kelly - IO Radio at Ipswich Community Media
Rifaii Al Nayef - Suffolk Refugee Support
Connor Cobbold - Stowmarket ASD Saturday Clubs

Suffolk New Group of the Year Award



Shortlisted: Wenhaston Young People's Film Night
Emmaus Suffolk
Lowestoft Boxing Academy

Suffolk Strengthen your Community Award



Shortlisted: The Jam Community Pot
Gainsborough Community Library
Westleton Village Hall
Sax'cess House

Caring for the Environment Award



Shortlisted: Farlingaye High School Green Council
The River Gipping Trust
Rubbish Friends

Suffolk Road To Recovery Award



Shortlisted: The Anchor Health and Wellbeing Centre
Hope after Suicide Loss
Green Light Trust

Suffolk Volunteer of the Year over 30 Award



Shortlisted: Kevin Waterson - Search And Rescue Dog Association
Grzegorz Kowalczyk - Orwell Mencap
Rachel Wood - multiple organisations in Newmarket

Long Service Award



There will be a Special Award for outstanding service that will be a surprise announcement at the Award Ceremony



The High Sheriff's Fund

The Office of the High Sheriff is an independent non-political Royal Appointment for a single year which is at least 1,000 years old having its roots in Saxon times. It is the oldest continuous secular Office under the Crown. Originally, the Office held many of the powers now vested in Lord Lieutenants, High Court Judges, Magistrates, Local Authorities, Coroners and even the Inland Revenue. Today there are 55 High Sheriffs serving the counties of England and Wales. The High Sheriffs receive no remuneration and no part of the expense of a High Sheriff's year falls on the public purse.

Whilst the duties of the role have evolved over time, supporting the Crown and the judiciary remain central elements of the role today. In addition, many High Sheriffs also assist Community Foundations and local charities working with vulnerable and older people both in endorsing and helping to raise the profile of their valuable work. The Suffolk High Sheriff's Fund provides support to organisations addressing crime and social problems their communities in the form of grants of up to £1,500. The

High Sheriff depends on charitable donations to be able to award these grants. Every year, he or she takes on the personal responsibility for the fund, seeking donations and sponsorship as well as fundraising activities.

A huge thanks to all that have made tonight's High Sheriff's Awards live broadcast event a success, and a big thanks to all of this year's sponsors too, without whom this important celebration would not be possible.

For further information about the High Sheriff's Fund please contact **Suffolk Community Foundation on 01473 602602 or visit www.suffolkcf.org.uk**
The High Sheriff would like to thank Wherstead Park for allowing the use of such a wonderful venue for the awards ceremony.