

Youth Intervention Fund Interim Impact Report

Grants awarded in 2019

Just 42

Delivering innovative and professional youth and children's work to facilitate the social, emotional, physical and spiritual development of young people and children in the Suffolk Coastal area.



Just 42 was awarded a grant of £5,520 to support a boat building project.

Ten sessions of the project took place before lockdown started, consisting of two 'get to know you' sessions and eight practical sessions. The project was accessed by six young people of which five continued on. The young people started learning about workshop safety, general tools and power tools by making bird boxes, before working individually on making their own paddles. They also started to mark out and plan the canoe. As each week went on every member gained new skills, gradually opened up, started to make eye contact and gained in confidence and by about week five there was a good atmosphere in the workshop.

The Long shed has been closed since March, due to Covid-19, and only recently opened up for another group to get back to ship building. Just 42 are planning to reopen the project after October half term. The youth support worker from Suffolk County Council has been in touch with the young people, and so far, three of them are waiting to get back to the project.

Feedback after the first few sessions

"After a few weeks there was a definite decrease in the time the young people are wanting to take breaks and feeling overwhelmed. They are wanting to get on with their projects."

The organisation's financial year finishes at the end of August. It has unspent restricted funds for the project which will be carried over into the next year, ready for the project to restart. Just 42 expect the project to run into the Spring, so would require an extension. As only three young people are participating, a second youth worker will not be needed, and the funding will cover more sessions than planned.



Suffolk Refugee Support

The sole provider in Suffolk of advice and integration interventions for over 2,000 Asylum Seekers and Refugees (ASR) living in Suffolk.

Suffolk Refugee Support (SRS) was awarded a grant of £10,000 to support the FAR (For Raising Aspirations for Asylum Seeking and Refugee Young People) project.

In August, before the rule of six was introduced, SRS held a 40-minute session with nine young people, aged 16-19, to discuss what support the young people believed SRS provided, what support or groups they would like, when and where they would like groups to run and how they should attend. The session highlighted a need for employment support, resulting in nine young people speaking to the SRS Employment and Training Coordinator about CVs, person specifications, current experiences and education, agencies and volunteering. The young people also requested a music studio trip which SRS are looking into. Four young people agreed to help set up new activities as a

result of the session. SRS plan to hold another session, if restrictions allow, and expect that the young people attending will be at the upper end of the age range.

In January 2020, 25 young people attended the Homework Club, and nine young people attended the Conversation Group. During lockdown, SRS was in regular contact with 22 young people who attended those groups through weekly phone calls or WhatsApp broadcasts, enabling the organisation to check on the welfare of the young people, how they were coping and whether there was anything more SRS could do to support them.

SRS provided one-to-one support to ten young people to assist them in continuing to practice their English or work on their studies, and organised Summer English classes for nine young people. The Conversation Group was adapted to a WhatsApp group chat and moved to the park when lockdown restrictions eased.



SRS supported young individuals by providing them with study materials, books to improve their English and items such as games and puzzles to alleviate the boredom of lockdown. Additionally, the Employment and Training Officer worked with groups of young people to help them identify different educational and employment options.

Of the young people supported by SRS, one student passed their A level Maths and Sciences (with BCC grades), nine students successfully passed their GCSEs, ten students passed ESOL levels 1 and 2, and one student won the 'English for speakers of another language' poetry award in the Suffolk New College annual writing competition.

Feedback from beneficiaries

"Thank you very much for your support, without your support we could not get any grade even to be there to study GCSE."

"Dear Cathy. I am from you and teacher Ken (volunteer) grateful to both of you for supporting me in lessons."

A total of 48 young people engaged in the summer holiday programme, taking part in 35 activities, including basketball, football drills, running, 1-to-1 conversation/advice, pool, fitness/circuit training, golf, tennis, coffee drop-in and chat session and dance session. An app enabled the young people to book when they wanted to attend an activity, and this flexibility over timings proved to be a much more successful way of interacting with the young people.

The Sports Coordinator has also assisted five young people with identifying and liaising with external football teams (with three of these aged between 8-13 years), helped two young people find and join a local boxing club, and supported one young person to join an arts group, with which they assisted in painting the Art Eat community mural on Ipswich waterfront.

Case study

"A first came to our office in September 2019 as a 15-year-old. He had travelled alone from Afghanistan and informed us he had lost all his family there and had tried all possible ways to be reunited with his brother, the only living family member left. His brother is married in the UK with three children of his own and welcomed A with open arms.

Our Youth Coordinator helped A register with a local GP and dentist, made a referral to an immigration solicitor, and arranged for him to see the Children's Advisor at Refugee Council who explained the asylum system to him. We also applied for a secondary school space, arranged for A to have ESOL classes and 1-to-1 tuition with a volunteer, and helped with his school uniform and a bicycle to get there. He is a keen student with great enthusiasm for learning. His ultimate ambition is to be a doctor in order to help others, the way he saw them helping people in Afghanistan. His teacher said recently: "It's such a pleasure to work with A, and he is progressing so fast that he's keeping me on my toes".

A attends our Conversation Group and Homework Club, where he has support with homework and his English, and an opportunity to meet and socialise with other young people going through similar situations. Our Youth Coordinator helped A apply for a one-year GCSE course at Northgate High School sixth form and attended the interview with him – he was offered a place and began his studies there in September this year. We hope he will achieve the GCSE grades necessary to progress to study A levels and be one step closer to achieving his dream of being a doctor."

Case study

"Hello, my name is Osman, born in 2003. I am living in the UK for a year. I came here to apply for asylum. I now live in Ipswich; this city is small but really beautiful. I love it. I have good friends. I wish I received my papers and lived a better life and had protection. I used to live a difficult life, and now things have improved, even though I have no mother here, no father, no brothers. I always thought of my father and mother so that I cannot sleep at night and I hope that my life will be better. I have wonderful people here in this country. I am very happy with you Meg and Cathy (from SRS), I love you a lot. Thank you." - Osman from Sudan



A further year's funding would be greatly beneficial to Suffolk Refugee Support, as demand for the youth services remains high and a further increase in unaccompanied asylum-seeking children

(UASCs) coming to Suffolk under the National Transfer Scheme in anticipated, as well as additional vulnerable young people arriving when the refugee resettlement schemes restart. At this stage, Suffolk Refugee Support expects the approximate costs of providing a continued service next year, building on its current work and adapting to changing circumstances, would be around £10,000.

Porch Project

Support for young people in Hadleigh, Great Cornard and surrounding areas. Delivery includes evening drop-in sessions which provides a venue for young people to meet and pastoral support from youth workers in local schools.

Porch Project was awarded a grant of £20,000 to employ an Outreach Support Assistant.

The Outreach Support Assistant accompanied a Youth Worker to deliver outreach sessions for around eight hours a week in Great Cornard and Hadleigh. Each area was visited at least once a week and games, such as basketball, football and frisbee were provided to engage young people and initiate conversations. During the school holidays, 17 sessions were run for a total of 46.5 hours. Around 90 different young people engaged with the sessions, with a total of 283 attendances, which demonstrates that young people returned week after week. Six safeguarding issues were identified, and the young person involved has been supported by the Outreach Support Assistant. Having an additional staff member has enabled Porch Project to increase outreach presence by more than 100% compared to 2019.

Date	Area	Hours	Number of young people	Safeguarding concerns	What the issues are
15/07/20	Great Cornard	3	3	1	Anxiety
22/07/20	Sudbury	2.5	9	0	Bored
22/07/20	Great Cornard	1	3	0	Bored
28/07/20	Hadleigh	3	25	1	Bored/Work/College
30/07/20	Sudbury	3	35	0	Work/Grades/Fighting/Drugs
04/08/20	Hadleigh	3	15	1	Bored
06/08/20	Sudbury	3	20	0	Bored/Alcohol
11/08/20	Hadleigh	3	15	1	Fighting/Drugs
13/08/20	Sudbury	3	15	0	College
18/08/20	Hadleigh	3	15	1	No issues raised
18/08/20	Sudbury	2	25	0	Drugs/Alcohol
20/08/20	Sudbury	3	12	0	College/results/drugs
27/08/20	Hadleigh	3	20	1	No issues raised
27/08/20	Sudbury	2.5	6	0	No issues raised
01/09/20	Sudbury	3	30	0	Drugs
01/09/20	Hadleigh	2.5	30		Anxiety
03/09/20	Hadleigh	3	5	0	No issues raised

Due to Covid-19, it is unlikely that the grant will be fully spent by June 2021. Porch Project is only able to run limited services because of the government guidelines, so currently the funding is being used to deliver outreach, one-to-ones and schoolwork, over and above normal levels. The organisation is looking to offer drug and alcohol support sessions as soon as possible.

An additional £15,000 of funding would enable Porch Project to retain the Outreach Support Assistant as a part time (30 hours a week) Youth Worker. Maintaining a team of five would increase the support Porch Project can facilitate.

Level Two Youth Project

Promotes the welfare of young people, aged 7-25, through supportive relationships and positive experiences. Provision includes a town centre Youth Hub offering a programme of activities.

Level Two Youth Project was awarded a grant of £17,790 to support Level Two's Safe Supportive Space.

Due to the pandemic, no open access or school holiday sessions have taken place at the hub since mid-March. The hub is likely to remain closed until January 2021, and this will be dependent on government guidelines at the time. The decision was made based on the success of outreach work and the funding and practicality of cleaning the hub everyday between sessions.

Outreach sessions have been delivered, engaging with young people and families in the community, as well as WhatsApp chat groups and online sessions. Topics covered include addiction, sexual health, care of the environment, and the mental health and physical wellbeing of the young people and others around them. Level Two have used a new bespoke youth bus to deliver outreach sessions in several outdoor spaces in Felixstowe and the surrounding areas.



The following has been achieved in relation to the outcomes up to July 2020:

- 18 young people lacking confidence showed increased self-esteem over this period.
- 31 young people developed greater resilience to build stronger relationships with their families and peers.

- 41 young people developed coping strategies to enable positive attitudes and behaviour.

Case study

“Year 8, male. HW was referred to me because he was having lots of issues at home and at school. Anti-social behaviour, friendship issues, low self-esteem. His mum was very concerned that he was getting in with the ‘wrong crowd’ and being negatively influenced by them.

I first met HW at the beginning of September, after he had returned back to school. He was very reluctant to go out for a walk with me and was very negative about having mentoring. However, I persuaded him just to have a five-minute walk. We stayed out for 45 minutes and it was a really positive session. I reassured HW that mentoring was completely different to counselling and that I wasn’t there to judge him. He talked generally about home and school and came across as an amiable young person. He was really happy to meet again the following week.

I have seen HW three times in total. He says things have improved at school as the Year groups aren’t mixing due to Covid. This has stopped the bullying he said he had experienced in Year 7. Last week he said things were really improving at home. He is learning not to retaliate and has realized that this leads to a calmer environment. He also said he is back playing football in a team and he scored his first goal at the weekend which ‘felt amazing’. All of this is really good, but I picked up on some contradictions in our conversations and wondered if HW was sometimes telling me what he wanted me to hear. I emailed his social worker who said he can often do this, but she confirmed mum had said things had improved greatly at home. However, he can still be quite disruptive and recalcitrant at school. She has closed the CAF but suggested I liaise with his pastoral support worker at school to get the ‘true picture’. She also feels having weekly mentoring is of benefit to HW as he has an independent party to talk to. I am really pleased with the way our relationship is strengthening and feel I am gaining HW’s trust which hopefully will lead to him being more open and honest.”



With the current way of working and the hub closed, Level Two expect 150 young people to achieve the outcomes by 31st December 2020 (original numbers were 250 but with lower numbers being

able to attend it will not be possible to meet the expected outcomes. Referrals for monitoring and counselling are increasing, and feedback from young people who engage with the project suggests demand will continue. It would cost approximately £25,000 for Level Two to provide a similar service next year.

Alumah CIO

Empower, support and educate victims and survivors of domestic abuse. Services include individual counselling and group work, providing space to express feelings and emotions, raise awareness and self-esteem.

Alumah was awarded a grant of £5,980 to support Recovery Interventions for victims of relationship abuse.

During the pandemic, Alumah has run a helpline to support young people who are feeling overwhelmed. The helpline provides a listening ear to help young people understand the abuse they have witnessed or experienced and the affect it has had on them.

Many young people used the drop-in chat – a weekly or twice weekly call to catch up where they can speak about anything they want. Alumah supported the young people with coping strategies and helped them to increase their self-esteem.

Three young people took part in Escape the Trap via Zoom. This is a creative programme that deals with relationship abuse, how the perpetrator uses the abuse, how it affects the victim and how the friend acts and thinks.

Alumah also has an intervention programme for children, which provides ongoing support to help them discover and deal with their emotions through speech, play and creative therapy.



Feedback from beneficiaries

"This is so helpful I'm going to teach my daughter this when she's older."

"I don't feel so alone."

"C is so supportive and helps me understand why I feel like I do."

"I always feel so much better after my drop in call."

"I didn't realise all the abuse that my ex was doing to me, doing escape the trap has shown me what he was doing to me."



Catch22

Projects using sport, physical activities and education to engage young people and reconnect them with their community. Young people develop the skills and confidence to reach their goals and achieve through activities, education, and volunteering opportunities.

Catch22 was awarded a grant of £3,000 towards the Haverhill Friday evening sports project for young people, aged 10-19.

The free sessions are run by four qualified coaches from 7pm until 8:30pm on a Friday evening. They provide a positive activity in a safe environment for young people in a deprived area to participate in. Taking part in sport is good for the young people's health and wellbeing, as well as giving them an opportunity to socialise and make new friends.

Catch22 was only able to complete four sessions before the lockdown, with around 30 young people attending each week. The remaining 36 of the 40 sessions funded have just restarted and the project will complete in May 2021, providing government guidelines allow.

Dear Youth Intervention Fund

Re: Thank you!

I just wanted to make contact with you to express our gratitude for the funding you provided our organisation. Our project is called 'Suffolk Positive Futures' and we are managed by a national charity called Catch22. We are a project that uses sporting activities to engage with young people aged 10-19 and we try and support these young people by offering them positive diversionary activities to take part in, in their local neighbourhoods.

The project initially uses the activity to divert young people away from less desirable activities but also looks to build young people's confidence, communication skills, provide access to positive role models and improve young people's levels of health and fitness. There are also opportunities for young people to volunteer on the project.

The funding you supplied was used to support the running of a project in Haverhill. An area of the county where young people really need positive activities. Unfortunately, due to Covid-19 we were only able to complete 4 weeks of a 40-week project before things came to abrupt halt. The good news is that this Friday will see the return of the project. Our risk assessments have been approved and the sports centre is back to taking bookings which is great. The project consists of a free, turn-up and play football session at Haverhill Leisure on a Friday evening. Before lockdown session numbers were regularly around the 30 participant mark attending each week which are all young people who may have missed out on this opportunity if it wasn't for your funding, so thank you again!

Just to reassure you the project dates have been put back and funding carried over to this new period so all 40 weeks of the project will be completed, just not in the timeframe we originally thought!

If you would like any further information about the project please see our website <https://www.catch-22.org.uk/services/suffolk-positive-futures-2/>

Regards



Paul Knight
Project Manager
Catch22, Suffolk Positive Futures

Framlingham Area Youth Action Partnership (FAYAP)

A youth organisation in Framlingham, an isolated rural community, where young people have limited access to facilities and public transport.

FAYAP was awarded a grant of £4,992 to support the Pagent Field Youth Drop-in.

Over 50 young people have engaged with the outreach work so far. FAYAP has built good relationships with many of the young people, some of whom attend mentoring but are able to receive informal support alongside this. The organisation is working with three individuals who have previously dealt drugs. They have developed a relationship with the Police to assist in keeping some

of the young people out of trouble. FAYAP has also supported college students who only attend part time due to Covid-19.

Feedback from a beneficiary

“We love it when we are skating, and we see Joe or Helen or one of the others coming to open up the hut. It makes us feel safer and it's good knowing there is an adult to talk to that we know and trust that isn't our parents. Helen has helped me stop smoking so much. We like the drinks and snacks too.”

Case studies

“When lock down was eased we were able to resume our operation and immediately two 14-year-old boys came to see us telling us all about the problems they were experiencing with their home life and the trouble they were getting into. We have since helped one of them tackle the issue of talking to his father and now he is living solely with his mother and is much happier.”

“In the last week of July 2020 alone as part of this outreach work, we became aware of a fight over drugs money between boys of high school age at St Michaels Church; interrupted drugs dealers in St Michaels Rooms Car Park and helped the police in the arrest of a young person with a knife at the skate park.”

“Last Friday, a member of staff administered first aid to one of a group of four intoxicated 15-year olds. The group has been back to see the staff and taken part in a useful conversation.”

Whitton Youth Partnership

A resource for children and young people in Whitton and North Ipswich. Provision includes advice and assistance, programmes of physical, educational and other activities including holiday clubs and help for disadvantaged young people to move from Primary School's to the local Academy.

Whitton Youth Partnership was awarded a grant of £2,500 to establish a Senior Youth Club.

Due to the Covid-19 restrictions, the Senior Youth Club has been put on hold as Whitton Youth Partnership stopped all face-to-face work. The project is fully funded and ready to go with eager young people ready to attend. Whitton Youth Partnership had hoped to open in October, but this seems unlikely at present given the current restrictions. The organisation would like to use the funding to run the youth club from January 2021, when there is a better chance of restrictions being eased, with the two-year project finishing by 31st December 2022.

During the summer, Whitton Youth Partnership obtained funding to allow a detached youth work project to run for six weeks, enabling the organisation to work with the young people and keep in contact with them while hall-based activities could not be offered. The project provided 96 hours of detached youth work, with a total of 73 young people engaged with the Detached Youth Workers (this describes contacts that were regular and of a sustained conversation). Alongside this, the Detached Youth workers had contact with a further 38 young people (this describes contacts that were sporadic and with limited conversation). Detached Youth Workers also recorded 17 contacts with parents and carers, where there was an informed conversation. One of the main questions the

young people asked frequently was when they could come to Youth Club again, which demonstrates that the demand is still there.

YMCA Trinity Group

A locally based charity at the heart of the local community. They enable young people to develop to their full potential in mind, body and spirit to give them a brighter future. They provide supported accommodation for 16-25-year olds and offer community support, advice and training opportunities.

YMCA Trinity Group was awarded a grant of £15,510 to support Shine Schools Workers.

The staff at YMCA Trinity Group have been furloughed so the project has not yet started. The organisation intends to start using the funding in January 2021, with the project finishing in January 2022. The demand for school workers to provide one-to-one support and group work within schools has increased since the initial application due to Covid-19, so further funding to continue the project would be beneficial.

Suffolk Young People's Health Project (4YP)

Services aimed at improving the social, emotional, and physical health and wellbeing of young people aged 12-25. The project aims to fill gaps in provision where beneficiaries cannot, or do not meet criteria to access mainstream support.

4YP was awarded a grant of £14,150 towards sustain, develop and prevent.

The service has been adapted to meet the young people's needs and is still due to finish in December 2020. One-to-one support is provided online, and groups meet either on Zoom or outside. 4YP has seen an increase in young people accessing one-to-one support online, and since March, has offered a 'hangs out' service where any young person can reach out online to gain support. The organisation delivered a summer programme as well as youth involvement work around Covid-19.

Both young work and counselling are being delivered in schools, including two new schools in Ipswich where 4YP is providing transition groups for Year 7. The counselling service and transition work from counselling to youth work has increased, and there is a waiting list for counselling. 4YP has seen an increase in calls from parents and schools for advice during the grant period. Around 120 care packages and 50 food parcels have been delivered - this is a growing need.

4YP are keen to add an additional Assistant Young People's Worker to pick up schools work and outreach work in Suffolk. This would cost £19,000 including travel.

Case study

"WW first presented to 4YP services at the age of twenty-four, after an acute episode of unsociable behaviour and drug dealing involvement causing him to serve a prison sentence. Once released he was advised to seek support from our service at 4YP.

WW is now aged twenty-five and has a history of depression and suicidal ideation, physical self-harm and attempted suicide, he also regularly smokes cannabis.

WW has a complex personal and social history which goes some way to explaining his current state of mental ill health. His relationships broke down with all family in 2012 when WW got involved in the wrong crowd of people and was getting in trouble with the police. WW found himself homeless and he spent a long period of time sleeping on the streets. He then became involved in drug dealing within Ipswich and other areas which led to him being arrested and charged with drug dealing offences.

Suffering with depression has had a significant effect on his ability to take part in normal daily life or social activities, and in particular, the low mood and predisposition towards pessimistic thoughts have had a negative impact on thought processes, leading to suicidal ideation leading to relationship breakdowns, poverty, low socioeconomic status and deprivation.

Since attending 4YP WW has built trusting relationships with other young people and staff members which has led to him opening and sharing life experiences with others giving him a sense of belonging. 4YP has given WW the opportunity to build a solid foundation giving him the opportunity to grow on communication, learning how to commit and how to compromise through one to one work and group sessions.

WW moral has shown a significant boost over the last year. He is living in a one bed flat close to town, keeping out of trouble with the police, he has cut down on how much cannabis he is smoking and has been involved in groups sessions socially engaging with others.

Since Covid-19 WW has been struggling due to not being able to attend the project for support, he is unable to socialize with the young people and has expressed feeling alone and worthless. This is causing his moral to drop and his mental health is deteriorating. This has also had a physical effect on his health as he is struggling to feed himself daily with the money he receives from the job centre so, this causes him to feel weaker physically.

Since offering daily calls during this period WW moral is slowly improving and he has reported having social interaction with a worker is helping him get through day to day. Due to relationship breakdowns and low-income WW has not got the credit to stay in contact with other young people so relies on others contacting him. At this time, we are the only people he is communicating with, so continuing to support and communicate with WW is crucial to maintain his wellbeing and mental health.

Young People Taking Action

Information, support and a safe place for young people aged 8-29 in the Suffolk Coastal area. It aims to help young people reach their full potential and improve the conditions of life for those young people who are living in deprivation due to social and economic circumstances.

Young People Taking Action was awarded a grant of £7,093 to support school holiday activities.

County Upper Wolves Basketball Club

The basketball club has been running since 2012 and the academy since 2000. The club offers teams for young people as young as 10 through to Senior men and U18 Women. The academy has helped 40 young people attain basketball scholarships to Universities in the USA and helped many more attain roster spots with UK Universities.

County Upper Wolves Basketball Club was awarded a grant of £15,000 to support more than basketball.

These are the changes that have had to take place:

The original coach is now only going to coach one day a week as he feels COVID would be too risky for a full-time job.

The original coach will be coaching on Monday's and focusing on Haverhill.

They have 2 other coaches who will also be helping out. One will be focusing on Mildenhall and Bury St Edmunds while the other will be focusing on Newmarket.

They are slowly getting into schools and community settings:

- In Haverhill they have a host School in Westfield sorted and will hopefully be getting into the 5 focus schools after Half term

- In Mildenhall they have one school sorted in West Row and are trying to get connected with the other schools. They are waiting on information regarding a venue for the community session.

- In Newmarket they are talking with Teenchill to hopefully work alongside them on an outdoor floodlit court.

- In Bury St Edmunds they are looking to head into schools after half term and already have a venue sorted out for the community session.

The Suffolk Way

Green Light Trust

Health, welfare and learning opportunities for people in the natural environment. The focus is on young people disadvantaged by disability, social circumstance or isolated through health-related issues; and adults with needs such as drug and alcohol recovery or mental health issues.

Green Light Trust was awarded a grant of £19,881.38 towards Vision and Voice - The Suffolk Way.

The project will consist of eight workshops, each attended by 6-8 young people. The workshops will each run for one day a week over three consecutive weeks, with the first workshop starting on 26th November. In addition to the planned conservation-based learning, woodland activities and first aid,

Green Light Trust is hoping to also include knife self-defence demos. So far, four of the eight workshops have been booked, with the remainder to be scheduled before 31st March 2021.

Dates confirmed to date:

- The Mix – 26th November for 3 consecutive Thursdays at Castan Woods, Martlesham. (First aid – 3rd December, am)
- The Mix – 14th Jan for 3 consecutive Thursdays at Castan Woods, Martlesham (First aid – 21st January, am)
- Volunteering Matters – 4th February 11th February 25th February (First aid – 11th February, am)
- Volunteering Matters – 4th March 11th March 18th March (First aid – 11th March, am)
- Access Community Trust and ISCRE need to identify two groups of 6-8 young people to access woodland sessions.

Green Light Trust is keen to run similar workshops for a further year, which would cost around £20,000. However, the organisation would reflect on lessons learnt this year before putting together a proposal as the model of delivery would change if required.

Volunteering Matters

Based in Ipswich, but part of a national charity, its mission is to enable people to take an active role and deliver volunteer-led solutions to some of the most difficult challenges facing individuals and communities today.

Volunteering Matters was awarded a grant of £20,000 to deliver Future Matters - The Suffolk Way.

Volunteering Matters have delivered:

- Podcasts focused on current topics for young people including safeguarding, Black Lives Matter, consent and gaps in provision for young people.
- Toolkits to raise awareness of abuse, covering where and how to access support.
- Online Safety packages for children in year 6 transitioning to high school, which explore issues of online pressure, bullying and sexting.
- WASSUP – an online drama exploring the conflicts and challenges for young people within toxic households during the pandemic and their vulnerability to exploitation. Volunteering Matters intend to develop this across Suffolk to encourage youth participation in Social Action via school councils.
- Respect Packs have been created and delivered to families in need, with additional packs planned for school half terms.
- Enrolled for a Global Ideathon – a programme with young people across the globe who work on developing a programme in their local community based on need. If shortlisted, Volunteering Matters will develop a programme around the impact of Covid-19 on mental health.
- ESOL lessons online.

The Mix Stowmarket

Based in Stowmarket, The Mix aims to support young people, providing a place where they can feel inspired, develop their confidence and experience creativity. The group is led by young people for young people, focusing on giving them a voice.

The Mix Stowmarket was awarded a grant of £20,000 towards Vision and Voice - The Suffolk Way.

The Mix has finalised impact measurement to be used with all the young people involved with the project. The organisation has met with PCSO Lizzy Porteous around the Gangs and Knife Crime workshop in schools to incorporate a knife defence/self-defence workshop and look for an impact on young people's thought processes around carrying knives – this is being looked into.

Thrive has started for the Autumn Term and baseline impact measurement has been recorded for the young people. A Thrive group are booked in with Green Light Trust starting on 26th November. A second group is being arranged for January or February, and the Mix intend to make this available to young people working with Benjamin Foundation/Together.

The Mix are also in discussions with Benjamin Foundation about how The Mix can build relationships with and support young people in their care.

Ipswich and Suffolk Council for Racial Equality (ISCRE)

Culturally informed interventions to support individuals and organisations in the statutory, private and voluntary sectors across Suffolk, to understand the extent and nature of inequality experienced by individuals and groups in fields such as the criminal justice system, housing, employment, education, health and social care. The aim is to encourage them to implement policies and practices which will eliminate discrimination and promote equality of opportunity, and good relations, between all persons.

ISCRE was awarded a grant of £20,000 towards Vision and Voice - Rules of Engagement.

ISCRE has produced short project marketing videos to create awareness of project to local BAME young people and shared these videos widely across social media. The organisation is currently facilitating online panel discussions for young people to explore experiences of local BAME youth when they engage with Suffolk Police. A live stream platform is available for young participants and wider community groups to have their say, expressing local perceptions on young people and police engagement in the community. This enables the project to reach a much wider target group and involve members of the community not directly taking part in the Rules of Engagement project, in order to compile a more holistic and diverse perception of local police.

ISCRE are working with Vision and Voice partners and other VCSE organisations to engage with Suffolk's BAME young people, including:

- The Suffolk Black Community Forum
- Volunteering Matters WASSUP and We Are Patrick
- TisRespect Artist Development Company
- Radical Lounge Studios
- Ipswich Community Media
- Young People Taking Action (The CYDS Project - Leiston).

Rules of Engagement has been on BBC Radio Suffolk's Belongings Show to engage with the wider BAME audiences. The Suffolk Constabulary and the Police and Crime Commissioner's office have also committed to supporting the work and police officers will participate in the project when the young people are ready.

Access Community Trust

Supports vulnerable people in East Suffolk, providing supported accommodation and a plethora of projects to improve wellbeing and life skills.

Access Community Trust was awarded a grant of £20,000 towards Vision and Voice - The Suffolk Way.

Up to 31st August, Access Community Trust have worked with 251 young people. The organisation will work with young people to initiate a broader and more comprehensive listening exercise, building on their initial work to determine exactly what activities and resources young people are passionate about to be available in their community. A Resilience Panel will be developed to provide young people with guidance support to access groups, activities, friendships and learning. Delivery has been online since lockdown but is now returning to face-to-face subject to government guidelines.

A Youth Conference is planned for February to promote the project and activities. An online event is also planned during the school Christmas holidays in conjunction with the Pink Orange project.

Gang activity is being reviewed as lockdown appears to have affected previous set ups. During November and December, six to eight short webisodes will be delivered offering support and guidance to young people at both direct and indirect risk. Online wellbeing cafes are continuing to promote emotional wellbeing and resilience.

A rap workshop has been written and Access Community Trust are just awaiting a delivery date from an external provider. The organisation is also planning dates with Greenlight Trust to work collaboratively with other partners of the project in the woods.

The youth hub website is being shaped by the young people engaged with Access Community Trust and a young person has been employed to lead on this.

Local Application Number	Account Name	Amount Awarded	Final Monitoring Due Date
197580	Framlingham Area Youth Action Partnership	£4,992.00	21/12/2020
197598	Level Two Youth Project	£17,790.00	10/05/2021
197607	Just42	£5,520.00	01/02/2021
197628	Alumah CIO	£5,980.00	11/01/2021
197717	YMCA Trinity Group	£15,510.00	31/07/2021
197741	Porch Project	£20,000.00	17/06/2021
197855	Young People Taking Action	£7,093.00	07/12/2020

197752	Whitton Youth Partnership	£2,500.00	23/11/2020
197755	Catch 22	£3,500.00	23/11/2020
197757	Volunteering Matters	£20,000.00	31/03/2021
197759	Suffolk Young People's Health Project	£14,150.00	07/12/2020
197761	Suffolk Refugee Support	£10,000.00	01/03/2021
197764	Green Light Trust	£19,881.38	24/03/2021
197765	The Mix Stowmarket	£20,000.00	19/04/2021
197768	County Upper Wolves Basketball Club	£15,000.00	05/09/2021
197771	Ipswich and Suffolk Council for Racial Equality	£20,000.00	31/03/2021
197774	Access Community Trust	£20,000.00	31/03/2021