



Section 2 – Your Project

Project name	
information notes (from the 'i' buttons on the application form)	Guidance
Choose a short, simple name for the project or activity you're seeking funding for	For example: 'Yoga classes on Saturday mornings at St Church's; 'Volunteer
	Co-ordinator for OurCharity'; or 'Carpet for OurTown Indoor Bowls Club'
Example A	Example B
Polytunnel for 'Show Up & Grow' community garden	Volunteer Co-ordinator for 'The Friendly Society' befrienders group

Which local authority will the activity take place in?	
information notes	Guidance
Only projects taking place in East Suffolk are eligible for funding through the	Your organisation's head office can be based elsewhere, but the activity or
Sizewell C Community Fund	project that you're seeking funding for must take place in East Suffolk
Example A	Example B
East Suffolk	East Suffolk

What is the postcode of where your project will be based?	
information notes	Guidance
If your project will take place in multiple locations, please tell us the postcode of	As above, this postcode should be within East Suffolk, where you'll be
where most/more of the project will take place	delivering your project. It might not be your organisation's office address
Example A	Example B
IP16 4UR	IP16 4UR

Which areas (village, town, parish, road, estate) will the project or activity take place in and/or benefit?	
information notes	Guidance
In your own words, tell us the areas where the project or activity will take place.	
For example: 'Leiston'; 'Yoxford and surrounding villages'; 'along the B1234 from	
Theberton to Leiston'; or 'All of East Suffolk'	
Example A	Example B
OurTown	ThisVillage, OtherVillage, AnotherVillage and surrounding hamlets

When will your project start?	
information notes	Guidance
This should be in the future, later than the next decision period shown on our	On our website (<u>www.sizewellcfund.org.uk</u>), we give an approximate timeframe
website, as we can't fund anything that was purchased/delivered before the date	that decisions will be made for the current round – usually 10 weeks after the
of an award being made	round closure date. Your 'project start date' should be after this date
Example A	Example B
01/11/2024	01/01/2025
(Note: the next awards panel decision period was shown on Suffolk Community	(Note: although the next awards panel decision period was shown on Suffolk
Foundation's website for this round as being late September 2024, so the	Community Foundation's website for this round as being late September 2024,
applicant chose a date soon after that, as their project doesn't require any	the group needs some time to prepare for the project, and to fit in around
further planning before they start spending the money)	existing work/activities, so they're planning on starting work on this project,
	including recruitment, in January)

When will your project end?	
information notes	Guidance
This could be when you'll have spent the money by	This could be when you'll: finish building something; finish delivering an
	activity or service; when you'll have spent the money; or when something
	you've purchased is ready to be used by the beneficiaries
Example A	Example B
31/10/2024	31/12/2027
(Note: this date was given as an 'end' date, as the time from the order being	(<i>Note</i> : the group are applying for 3 full years of funding for this project, so
placed to the finished installation was given as 1 month by the supplier)	they've given this date as the calendar end of 2027)

What impacts or opportunities created by the construction of Sizewell C is your project or activity addressing?	
information notes	Guidance
If your project is reducing the impact of Sizewell C construction, tell us about	Examples of impact could be: light; noise pollution from construction and
the impact and how you can attribute it to Sizewell C. Then tell us who, how and	along traffic corridors; increased numbers of new people (Sizewell C workers)
why the community is affected and how you know this.	in communities; less rental properties available and higher rents due to influx
	of higher-income workers to the area.
If your project is building on an opportunity created by Sizewell C construction,	
tell us what this opportunity is and how you can attribute it to Sizewell C.	Examples of opportunities could be: more people in the community to get
	projects off the ground and make them viable; planned improvements in local
You can use bullet points to list your points if you wish	transport routes and the creation of recreational routes such as footpaths.
	Very many final it haloful to used and references the Circurall O. Osmannumity brans at
	You may find it helpful to read and reference the <u>Sizewell C Community Impact</u>
Example A	Report and other sources Example B
Example A	•
IMPACT – Recently a lot of people have moved into the area, many of them Sizewell C construction workers. This has led to existing residents feeling less	The increased traffic around the villages due to the Sizewell C construction traffic using the A12, B1234 and B4321 as part of the designated routes to/from
connected to their community, and comments left on local social media groups	site, as detailed in Sizewell C's Transport Management Plan (routes 1a, 2a and
and on The Local Paper's website are largely negative and complain about a	3a).
decrease or loss of 'community spirit'	ou).
	One impact of this is a reduction in the number of road journeys undertaken by
OPPORTUNITY - The quantity and diversity of the people working and living in	older village residents for social visits with friends, which is negatively affecting
OurTown while working on Sizewell C gives us the opportunity to launch	their mental health as a result and increasing social isolation.
community projects now that were not possible before due to lack of	
participants, and to benefit from additional knowledge and skills that these new	In a joint survey conducted by This, That and the Other Parish Councils in May
residents bring.	2024, over 400 respondents in aged 65+ reported taking less journeys due to
	either perceived congestion on the roads or reduced confidence in driving; and
	over 350 reported feeling more lonely now than they did 12 months ago. When
	asked what issue prevents them connecting more socially, the most common
	answer was related to not travelling to see friends.

What need or want have you identified in the community as a result of this impact or opportunity?	
information notes	Guidance
If your project or activity is reducing an impact of Sizewell C construction, then	Sometimes, your organisation might have identified the need yourselves – you
tell us why the community needs this impact reduced and/or what the effects of	might have canvassed opinions from local residents and their responses have
this impact are.	spurred you into creating this project idea. If so, you can evidence this in your
	answer.
If your project or activity is building on an opportunity, then tell us how	
capitalising on this would benefit the community.	Even so, your application will have a better chance of success if you can show
	that the community need you're addressing has been identified as a priority for
If this need has been identified as a priority in parish, town, local authority,	the area. The local town or parish council's website is a good place to start, as
community partnership or other plans, reference this as evidence	minutes from meetings and community plans are published which identify
	priorities, <u>East Suffolk</u> and <u>Suffolk County</u> councils also publish their community plans/strategy online – including <u>responses to Sizewell C</u>
	<u>consultations;</u> East Suffolk's <u>8 Community Partnerships</u> each have 3 priorities,
	and <u>Sizewell C</u> themselves are undertaking research to identify community
	needs in the area
Example A	Example B
There is a need for activities which bring members of the community together in	There is a need to connect people in the community, helping to foster
a positive environment, where conversations and friendships can be made and	friendships that aren't reliant on an older member of the community travelling
barriers between existing/new residents can be reduced.	where they're hesitant to do so, thereby reducing feelings of social isolation
	and loneliness experienced by this group of residents, which lead to poor
A recent poll on the 'OurTown Chatter' Facebook group with 420 responses	physical and mental health outcomes as evidenced in the WHO Commission
showed 8 in 10 residents in favour of activities that reduce social isolation and	on Social Connection (2024-2026).
increase mental wellbeing, showing a clear community 'want'.	
	The need to reduce social isolation and loneliness in This, Other and Another
This project furthers OurTown Council's strategic aims by addressing "The need	wards has been identified as a priority by the local Community Partnership and
to empower community groups to enhance the wellbeing of residents by	by the Parish Councils for the areas in 2024-25.
reducing social isolation and increasing community cohesion" (part of OurTown	
Council's Strategic Plan 2022-2026), and promotes healthy eating habits in line	
with Suffolk Couty Council's 'East Well, Feel Well' campaign.	

What need or want have you identified in the community as a result of this impact or opportunity?

Tell us about the project or activity that you're seeking this grant funding for	
i information notes	Guidance
This is your space to sell us on your idea – explain what you'd like to do, the	Be clear about what your project is, what your organisation will do, and how
difference to the community that it'll make, and how you'll be able to deliver it successfully.	you'll go about it.
	Demonstrate how your project will meet the community need you evidenced
If you're working collaboratively with other organisations, let us know about this	earlier, and address the impact of Sizewell C construction you've identified.
	When considering your application, the panel will want to be assured that your organisation is able to deliver the project successfully. If you don't already have the necessary skills/knowledge in the organisation, tell us how you'll accomplish this – e.g. you may plan to recruit people who have these skills or undertake training to upskill yourself or other existing team members.
Example A	Example B
Grant funding is being sought to purchase a Polytunnel for installation in the grounds of Show Up & Grow's community garden at OurTown allotments.	Funding is being sought to recruit and hire a Volunteer Co-ordinator for 1 day a week, to set up and run a local befriending service.
The group already has over 30 regular attendees, and holds weekly sessions from spring to autumn, where members sow, grow and harvest fruit and vegetables which they can take home and share with their friends and families. Adding a polytunnel to the garden will give the group a covered space to meet in during poor weather, allow an extended growing season, and enable the group to produce a bigger crop of fruits over the summer – protected from birds.	The Friendly Society will bring together volunteer befrienders from the communities of ThisVillage, OtherVillage and AnotherVillage and surrounding hamlets with older residents in the community who are experiencing feelings of social isolation and/or loneliness. The volunteer will visit the older person to provide companionship and could engage in activities together such as playing cards or board games, walks in nature or watching films together.
	The Society will conduct recruitment campaigns for volunteer befrienders
Members of the group will sell a proportion of the produce grown at local village	(including obtaining DBS checks); deliver leaflets to homes in the villages and
fairs and town markets, promoting healthy eating and providing the opportunity	at local community hubs and GP services to raise awareness with older people
to encourage new members to join the group	of the service, as well as seeking coverage through local newspaper and magazine editorials; set up an introductory meeting between matched pairs; and then provide regular supervisor of the befriender and periodic check-ins with the older person.

Tell us how the community is supportive of, and is involved with, your project	
i information notes It's important to show us that you've consulted with the community, evidence support for your project and if/how the community will help you deliver the project. If you're proposing a service similar to one already being delivered in the area, tell us if you've consulted existing local services to discuss co-delivery.	GuidanceTell us how you've consulted the local community, provide evidence of the feedback you've received from this, and mention any public support you've received – for example, favourable media coverage, social media 'likes' and comments, and any notable residents or groups who support the project.Tell us about how the community will help you deliver the service – is an activity/service being co-designed with the beneficiaries; will anybody from the community be working or volunteering on the project?
Example A The current group members are all from the local community and will be involved in the construction of the tunnel.	Priority for funding will be given to organisations that are well-established within the local community where the project will take place. If your organisation is not locally established, we strongly suggest collaborating with local organisations to develop and deliver the project with community support Example B Members of the parish councils have canvassed opinions from local elderly residents by knocking on doors of 30 homes in each of the 3 villages. Out of the
The group posted a poll on the 'OurTown Chatter' Facebook page, asking what would encourage people to join the group. Out of 65 responses, 47 people said that having an enclosed space out of the rain would encourage them to join. Local village fairs and town market organisers have agreed to allow the group a stall to sell produce at their events, waiving the usual fees.	 90 homes surveyed: 60 residents mentioned a befriending service or home visits as a way to reduce social isolation and loneliness 30 people said they were 'likely' or 'very likely' to use a befriending service themselves Nearly 2 in 3 people (57) said they were 'interested' or 'very interested' in getting involved as a volunteer befriender
	We have discussed our plans with the Royal Voluntary Service, Befriending Networks and Community Action Suffolk's 'Good Neighbour Network', who were all very supportive of the idea and have offered further guidance to help us get the project running safely and successfully.

List 3 expected outcomes for your project	
information notes	Guidance
At the end of spending the grant money, what do you hope to have achieved?	
We'll use your expected outcomes to track your success in delivering the	
project.	
These could be hard targets, like "40dB less traffic noise heard inside the hall" or	
"10% less cigarette butts collected".	
Alternatively, you might expect soft outcomes such as increasing wellbeing or	
community cohesion - but you'll need to be able to show how you'll measure this	
Example A	Example B
1. Increased number of group members by 25%	1. Reduction in feelings of loneliness and social isolation – both those who
	are visited, and the volunteer befrienders
2. Increase in healthier eating by group members and their families	
	2. Increased feelings of happiness and wellbeing - both those who are visited,
3. Increased community cohesion	and the volunteer befrienders
	3. Improved physical health, measured by reduced clinical appointments and
	hospital admissions – those who are visited

List how you'll measure your success against these 3 expected outcomes	
information notes	Guidance
If you've listed hard outcomes in the previous box, you can state how you'll	Sometimes, the outcomes from your project might not show until after your
measure it - e.g. if you expect to reduce noise by 40dB then your measurement	project end date. This is absolutely fine, and if appropriate we'll agree a later
might be to use a decibel meter at different times and locations across the	date with you to evaluate outcomes
day/week.	
For soft outcomes, you'll still need to demonstrate how you can measure your	
success against it - e.g. community cohesion measured by increasing positive	
feedback received verbally or on paper questionnaires from local residents or	
participants; or an increase in attendance at a venue or event - could you aim for	
a number or percentage increase?	
Example A	Example B
1. Measured by comparing membership register before and after the project	 Measured by questionnaires completed at the start of the project, and at 6- monthly intervals thereafter, asking questions using a 1-5 scale to rate how
2. Measured through results of questionnaire completed by members at the	isolated the person feels from others and their community, and how often
start and end of the project, asking how many portions of fruit and	they feel lonely
vegetables were eaten by their family in the past week.	2. As above, with questions rating mood, mental health, hope for the future, and their sense of purpose
3. Using above questionnaire, asking questions around how members feel	3. As above, asking question to rate physical health using a 1-5 scale, and
about their community and how connected to other community members	questions asking how many times in the past 6 months the person has
they feel	seen their GP, seen any other health professional, called an ambulance,
	been admitted to hospital

What will happen to your project at the end of the grant period?	
i information notes If your project will continue - how will this be sustainably funded?	Guidance Consider if and how the project will continue, and what legacy it will leave for
If your project will end - what will its legacy be?	the community. For example:
If your project includes a capital purchase or construction - how will ongoing management or service and maintenance costs be met?	Continuing – "The ongoing income generated through ticket sales will enable the project to continue sustainably at the end of the funding period. The legacy of this funding will be a community with greater inclusion in, and access to, art and cultural experiences."
	Ending – "The project will leave a legacy of improved mental health and wellbeing in a more cohesive community, with 'ripples' of benefit from the programme benefitting family and friends of participants, as well as the wider community."
	If the project includes a capital outlay, explain how management and repairs will be undertaken and paid for. For example, "The trustees of the charity have agreed to allocate the sum of £100 per annum, from member subscriptions and donations, to pay for the upkeep of the structure/item/equipment and its eventual replacement at the end of the expected 10 year lifespan. During this time, the employed Caretaker will manage the day-to-day maintenance of the structure/item/equipment as part of their duties"
Example A	Example B
The project will continue, with day-to-day maintenance of the polytunnel carried out by members.	It's hoped that the project will continue, although this would be subject to further funding being secured.
The life of the tunnel is expected to be 4-5 years, and the group plan to fundraise by selling surplus produce at town/village fetes and fairs to raise money for the eventual replacement of this tunnel	Regardless, the legacy of this funding will be the creation of new relationships within the community, of a less isolated and more socially connected older cohort of residents, and an increased awareness of the need for social connections by people living in the villages

Section 3 – Impact

Which category best describes the impact your project will have?

Guidance

Please select one option from the drop-down list that best reflects what your project or activity hopes to achieve:

- Improve life skills, education, employability and enterprise
 - o Improve economic wellbeing
 - Increase employability
 - o Increase enterprise
 - o Increase qualification and skills
 - o Increase participation in lifelong learning
 - o Increase in beneficiary training accreditation or a qualification

• Promote reduction of isolation and disadvantage and access to local services

- o Reduce isolation
- Promote human rights and equality
- o Support vulnerable people
- o Increase access to services

• Connect people with the arts, culture and heritage

- Promote opportunities for creativity
- Preserve local heritage
- Increase opportunities for public to engage with culture and heritage

- Maximise ability to strengthen community cohesion and build social capacity
 - o Improve access to volunteering
 - o Improve community cohesion
 - o Improve the community working together
 - o Strengthen organisations through capacity building
 - o Improve community facilities
 - o Promote safer communities
 - Reduce crime, violence and anti-social behaviour

• Advance people's physical and mental health, wellbeing and safety

- o Improve health (physical/mental/emotional)
- o Increase access to sport, exercise and leisure activities
- o Reduce substance misuse and addictions
- Transform access to, and engagement with, the environment and public spaces
 - o Improve quality of local environment and public space
 - Reduce carbon footprint (ie waste, emissions, energy)
 - Increase biodiversity

Example A	Example B
Maximise ability to strengthen community cohesion and build social	Promote reduction of isolation and disadvantage and access to local
capacity	services
(Or, the applicant could have selected 🔽 Transform access to, and engagement	
with, the environment and public spaces)	

Which theme best describes the impact your project will have?	
information notes	Guidance Please select one theme from the drop-down list that best reflects the impact your project or activity hopes to achieve: • Develop life skills • Offer training and work opportunities • Encourage safety and resilience • Keep people safe and well • Help people to find and keep a home • Provide access to services in rural areas • Enable disabled people • Assist families in need • Bring people together • Promote access to arts, culture and nature
Example A	Example B
Promote access to arts, culture and nature	Bring people together
(Or, the applicant could have chosen 🔽 Bring people together)	

How many people will directly benefit from your project?

information notes & Guidance

This is the number of unique people who will directly benefit from your project overall, as a result of the grant funding.

Be careful not to count people more than once. For example, if your project is to run 8 'one-off' sessions of an activity, and you'll have 30 places available per session that you expect to fill, then the number of direct beneficiaries will be 240 (8 x 30). If however, you're running a course of 8 sessions to the same 30 people each session, the number of direct beneficiaries will be 30 (1 x 30).

Lots of other people may more widely benefit from your project, for example if you were running an activity for children, then the families of those children will also benefit, but these are known as 'indirect beneficiaries' and should not be counted in this box.

If your project includes costs for staff members, think about how many unique clients they will see/help over the grant period (e.g. 1 year, 2 years or 3 years), as this may help you identify the number of direct beneficiaries; if you're a club or venue then you may have member/contact lists.

When looking over long periods of a year or more, it can be harder to get accurate numbers of unique clients/service users/attendees, so we simply ask that you estimate as accurately as possible

Example A	Example B
37	200
(Note: This is the existing 30 members, plus the extra 25% the applicant expects	(Note: The organisation has estimated they'll match 50 pairs of people in the
to attract as a result of the funding)	first year, and an additional 25 people in each of years 2 and 3. Both the
	befriender and the person they're visiting are direct beneficiaries of the project)

Beneficiary groups – primary group & any others	
information notes	Guidance
Drop-down list for primary beneficiary group	There's an option for 'Local residents' that you can select if your project isn't specifically targeted at a particular group of people within the community
+ multiple choice selection to select any/all other groups directly benefitting	
from your project	
Example A	Example B
C Local residents	Older people
	+ the following checkboxes were selected as additional beneficiary groups:
	✓ Carers
	✓ Local residents
	 People in care or suffering serious illness
	 People with physical difficulties

Ethnicity groups – primary group & any others	
information notes	Guidance
Drop-down list for primary ethnic group	You can select 'All ethnicities' if your project is not targeted for a specific group
+ multiple choice selection to select any/all other groups directly benefitting from your project	
Example A	Example B
🔽 All ethnicities	🔽 All ethnicities

Issues – primary issue & any others	
information notes	Guidance
Drop-down list for primary issue	
+ multiple choice selection to select any/all other issues addressed by this grant	
Example A	Example B
Stronger communities/Community support and development	Social inclusion and fairness
+ the following checkboxes were selected as additional issues:	+ the following checkboxes were selected as additional issues:
 Education, learning and training 	 Stronger communities/Community support and development
 Environment and improving surroundings 	 Health, wellbeing and serious illness
✓ Health, wellbeing and serious illness	✓ Mental health
 Language, culture and racial integration 	✓ Rural issues
Mental health	
 Social inclusion and fairness 	

Age groups – primary age group & any others	
information notes	Guidance
Drop-down list for primary age group of beneficiaries	You can select 'All ages' if your project is not targeted for a specific group
+ multiple choice selection to select any/all other age groups directly benefitting from your project	
Example A	Example B
✓ Adults	Seniors (65+)
+ the following checkboxes were selected as additional age groups:	+ the following checkboxes were selected as additional age groups:
✓ Young adults (19-25)	✓ Adults (26-65)
✓ Young people (13-18)	
✓ Seniors (65+)	

Section 4 – Project Budget

Total project cost - £	
information notes	Guidance
This might be more than the amount you're asking us for - if you are applying for	
other funding and/or if your project will generate income	
Example A	Example B
£692.55	£26,211

How much has been raised so far, and where from? - £	
i information notes If you are not asking us to fund the full costs, how much have you raised already and where have you secured these funds from?	Guidance Don't worry if you haven't secured other funding, we're happy to consider applications to fund the full cost of a project
Example A	Example B
£0	£0

How much are you asking us for, in total? - £	
i information notes Please enter the total amount you are requesting from us. If you're applying to us for multi-year funding, please enter the total across all years.	Guidance We can fund projects for up to 3 years, so if you're asking us for more than 1 year of funding then please enter the total amount here (e.g. year 1 + year 2 + year 3 = Total Amount Requested)
Example A £692.55	Example B £26,211

Are you in the process of applying for other funding for this project? If so, please provide details	
i information notes If you have other grant applications in progress but not yet awarded, or if you plan to apply for more funding to other organisations, please select YES. Otherwise, select NO.	Guidance
If you are applying for other funding, please tell us the amounts, who you're applying to, and the expected decision dates for these	
Example A	Example B
No	No

Year 1 Costs	
- Requested amount	
- Total cost	
- Breakdown	
information notes	Guidance
Let us know if your total cost is higher than the amount you're requesting.	You can assign up to 15% of the amount you're asking us for to contribute
	towards your organisation's Core running costs – these are 'shared' costs
Then, break down the total cost by type or item - e.g. staffing costs; contribution	across your organisation, for example: premises/rent; telephony; IT;
towards Core costs; capital purchases; publicity	management and admin staff
Example A	Example B
Requested amount = £692.55	Requested amount = £9,190
Total cost = £692.55	Total cost = £9,190
Breakdown =	Breakdown =
£682.55 – Polytunnel (8ft x 15ft)	\pounds 4,900 – Salary of Volunteer Co-ordinator and employer/HR costs
£10.00 – Delivery charge	£1,000 – Contribution towards organisation's Core costs
	£50 – DBS check
	£170 – Recruitment costs (advertising, room hire, expenses)
	£250 – Printing (posters and leaflets)
	£500 – Delivery of leaflets – all homes in 3 villages
	£1,600 – IT hardware and telephony costs
	£468 – Travel expenses (mileage)
	£252 – Postage (evaluation surveys)

Year 2 Costs (if applicable)	
information notes	Guidance
	Remember to allow for inflation
Example A	Example B
-	Requested amount = £8,300
	Total cost = £8,300
	Breakdown =
	\pounds 5,047 – Salary of Volunteer Co-ordinator and employer/HR costs
	\pounds 1,030 – Contribution towards organisation's Core costs
	£258 – Printing (posters and leaflets)
	± 506 – Delivery of leaflets – all homes in 3 villages
	£648 – Telephony costs & IT support/licences
	£482 – Travel expenses (mileage)
	£329 – Postage (evaluation surveys)

Year 3 Costs (if applicable)	
i information notes	Guidance
	Remember to allow for inflation
Example A	Example B
-	Requested amount = £8,721
	Total cost = £8,721
	Breakdown =
	£5,198 – Salary of Volunteer Co-ordinator
	£1,061 – Employer costs ('on-costs') and contribution towards Core costs
	£53 – DBS check
	£265 – Printing (posters and leaflets)
	£512 – Delivery of leaflets – all homes in 3 villages
	£667 – Telephony costs & IT support/licences
	£497 – Travel expenses (mileage)
	£468 – Postage (evaluation surveys)